## How to measure for your uniform.



## Neck (1):

Measure around base of neck, just below adam's apple, allowing for comfortable fit. About a finger width of room.

## Chest/ Bust (2):

Measure the fullest part of the chest. Boys just under the arms. Girls across the fullest part of the bust.

## Waist (4):

Measure around the narrowest part of your natural waist. Generally around the belly button area. To ensure comfortable fit, do not pull the measuring tape too tightly.
*DO NOT measure over the belt or waistband.

## Inseam (6):

Measure while standing, from the top of your inner thigh down to the bottom of you ankle.

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[^0]:    *About one inch below the anklebone.

