2023 Reminders & Upcoming Events

February 2023

6 Law & Order/Firefighter Nominations due 10 Distinguished Legionnaire Nominations due 11-12 Lincoln Pilgrimage, Springfield Illinois

15 85% Membership Target Date

18 Department Executive Committee Meeting @ Harry B. Pryor

Post 152, Ashland MO, 1:00 p.m.

20 President's Day

26 Department Oratorical Contest – Southern Boone County High

School, Ashland, MO

26 -March 1 Washington Conference

March 2023

15 90% Membership Target Date

April 2023

7 Good Friday – Department Headquarters Closed

11 State Youth Government Day 15 Annual Post Data Report Due 19 95% Membership Target Date

May 2023

7-8 Truman Pilgrimage – Independence, MO

Truman Holiday – Department Headquarters Closed **10 2023 Membership Award forms due to Department**10-11
Spring Meetings – Sheraton Indianapolis City Centre, IN

17 100% Membership Target Date

29 Memorial Day - Department Headquarters Closed

!!!!!! Announcement !!!!!!



Missouri Cadet Patrol Academy



The 2023 Session of Cadet Patrol is cancelled due to lack of Highway Patrol Staff.

Plans are being made for the 2024 Session

Date: June 22-29, 2024

Cost: TBA

POC: Frankie Adams - Chairman - 573-380-6231

MEMBERSHIP AWARDS

- <u>Category I</u> -- Legionnaire to recruit <u>3 New Members</u> by <u>May 10, 2023</u> will be announced during General Session.
- <u>Category II</u> -- Legionnaire to recruit <u>5 New Members</u> by May 10, 2023 will receive a Certificate.
- <u>Category III</u> -- Legionnaire to recruit <u>10 New Members</u> by May 10, 2023 will receive a Plaque.
- <u>Category IV</u> -- Legionnaire to recruit <u>25 New Members</u> by <u>May 10, 2023</u> will receive a Plaque.
- <u>Category V</u> -- Legionnaire to recruit <u>50 New Members</u> by <u>May 10, 2023</u> will receive a Plaque.
- <u>Legion Post</u> The Post with the highest percentage of its 2023 membership goal will be awarded \$100.00. Membership must be received at Department Headquarters by July 1, 2023. (**Postmarked not honored**)
- <u>Auxiliary Members</u> -- Any Auxiliary member to recruit 3 <u>New Legion Members</u> for 2023 by

 May 10, 2023 will receive a certificate. The Auxiliary member who recruits the most
 Legion Members will receive a certificate of recognition.

Recruiters Name should only be submitted once. This form should <u>not</u> be submitted to Department Headquarters before April 10, 2023 to ensure proper credit is given to the recruiter. New Members names will be verified at Department. This form must be returned to Department no later than May 10, 2023.

Recruiters Name		Post No	_
New Members Names:	Post No.	New Members Names:	Post No.
1		_22	
3		4	
5		66	
7		8	
9		10	

2023 Membership Recruiter

This form is to be completed by the Post Adjutant or Post Membership Chairman to submit names for Membership Recruiter Awards. Send to Department Headquarters at P.O. Box 179, Jefferson City, MO 65102, no later than May 10, 2023.

Post #	District
Pleas	e Mail Pins To:

Recruiters Name	# Of New	Renewal	Department Will complete Total

Recruiters Name	# Of New	Renewal	Dept. will complete Total





ST. LOUIS APRIL 10-17, 2023

Donations Needed!

Games, Crossword puzzle books, Search find books, Sudoku books and coloring books for children and adults, crayons and colored pencils. (No markers)

Snacks such as chips, granola bars, cookies, and candy.
Juice bottles, bottled water. Coffee, creamer, Coffee cups, cup
sleeves and much more.

We have created a gift registry on Amazon. Search American Legion Auxiliary NVCAF and a list of items needed will come up and you can purchase items and have them sent to the department office.

We hope you support us in this endeavor and we thank you in advance for your support!

Please mail monetary donations to the Department office by March 17, 2023. In memo line please put NVCAF donation. Mail to: American Legion Auxiliary, 600 Ellis Blvd. Jefferson City, MO 65101



American Legion Auxiliary Department of Missouri 600 Ellis Blvd, Jefferson City, MO 65101 573-636-9133 Email: dptmoala@outlook.com

Dear Legion Family,

In the spirit of service, not self, the mission of the American Legion Auxiliary is to support The American Legion and to honor the sacrifice of those who serve by enhancing the lives of our veterans, military and their families, both at home and abroad. We have dedicated our lives to support those who have sacrificed for our freedom.

Since 2000, the Auxiliary has presented the NVCAF, alongside the Department of Veterans Affair. Carrying out the Auxiliary's mission of Service Not Self, members, units and departments support the local competitions, the festival, and generous monetary donations to help carry out this event.

The National Veterans Creative Arts Festival (NVCAF) is the culmination of talent competitions in art, creative writing, dance, drama and music for veterans treated in the Department of Veterans Affairs (VA) national health care system. Veterans exhibit their artwork and original writings or perform musical, dance or dramatic selections in a live stage show performance. All veterans invited to participate are selected winners of a year-long, national fine arts talent competitions in which thousands of veterans enter, from VA medical facilities across the nation.

Missouri has been chosen as the site for the 42nd National Veterans Creative Arts Festival in St. Louis from April 10-17, 2023. During the week of the festival Missouri has been asked to host the Hospitality room. This room will be open for the veterans, caregivers, and family members to utilize throughout the events.

We are requesting YOUR help to show the participants how the Show Me State knows how to show our appreciation for their service. The Department has kicked off a drive to collect monetary donations as well as small items to place in the room. Some examples of items needed are crossword puzzle books, pens, coloring books for both children and adults, crayons, decks of cards and fidget toys to name a few. No markers please.

Please send all monetary donations to the department office earmarked NVCAF no later than March 17, 2023. Other items may be sent to the department or you may contact a committee member to make other arrangements.

Sincerely,

Louise S. Welch, Department President

Committee members: Nancy Reeves, Shanna Jelinek, Evelyn Cox Rosemarie W. Hauck, Sandy Stragiati



American Legion Child Welfare Foundation

"Dedicated to the betterment of all children"

100% Per Capita Banner Program Request Form 2022 – 2023

Each American Legion post, American Legion Auxiliary unit, Sons of The American Legion squadron, American Legion Riders chapter or Eight and Forty salon donating at least one dollar for each member during the American Legion Child Welfare Foundation's award year (1 June - 31 May) may receive a beautiful banner/streamer.

To qualify for the 2022-2023 year a post, unit, squadron, riders, or salon must donate one dollar per member based upon its official membership total from their national organization as of June 1, 2022. The post, unit, squadron, riders, or salon has from June 1, 2022, to May 31, 2023, to submit this form, along with the donation, to the American Legion Child Welfare Foundation.

Post, unit, squadro	n, riders, or salon name		
Address			
City	State	Zip	
Post, unit, squadro	n, or salon membership total as o	June 1, 2022:	
Total enclosed: \$			

Banner Request Form

Send completed form to:

American Legion Child Welfare Foundation
PO Box 1055
Indianapolis, IN 46206

ALL REQUEST FORMS MUST BE RECEIVED BY May 31, 2023



The American Legion Department of Missouri, Inc. P.O. Box 179 Jefferson City, MO 65102

Post Number:	Date:
то:	
NOTE: Make check or money order payab	ole to The American Legion Department of MO, Inc.
2022-2023 Department Directory Availab	le\$7.50 each + Postage
Available After October 19, 2022	
1 copy - \$9.00	
2 copies - \$18.00	ė
3 copies - \$27.00	
4 copies - \$36.00	
	Total Enclosed:



2022-2023 Commander's Project for Commander Rose Noonan is the



Operation Comfort Warriors

As the war in Afghanistan winds down, U.S. military personnel are coming home where they join other recent veterans who served in Iraq. Many of these servicemembers have left the battlefield only to be faced with a new fight: a struggle to overcome the mental and physical wounds suffered during deployment. Those with traumatic brain injury (TBI) or post-traumatic stress disorder (PTSD) are returning home in unprecedented numbers. In fact, the Army has said that up to 20 percent of the men and women who served in Afghanistan or Iraq have suffered TBI.

Even as the wars conclude, those in the military still face inherent dangers while fighting the global war on terrorism, during training exercises and while performing other dangerous duties.

While the care at many military hospitals and warrior transition units is extraordinary, The American Legion's Operation Comfort Warriors (OCW) program was created to provide "nonessentials" - items that help wounded warriors' recovery but don't usually show up as a budget line on government spreadsheets.

How it Works

The Legion contacts officials at military hospitals, warrior transition units and surrounding communities, and obtains lists to determine which items are needed by wounded, injured or ill servicemembers. Once a need is identified, the items are ordered by the Legion and delivered in an expeditious manner. It's as simple as that. No red tape.

How Recipients Benefit

Today, wounded warriors need a variety of items to help in their recovery. Some patients might need loose-fitting sweatsuits to cover their healing wounds without adding pressure to burns sustained during a rocket attack. Others might need an iPod to help drown out the tinnitus that has plagued their ears since their vehicle struck an IED. Still others might need fitness equipment to rebuild strength in their muscles.

From gift cards to patients at Walter Reed National Military Medical Center, to electronics for Marines at Camp Pendleton, OCW represents the Legion's expression of gratitude. These gifts will not make our wounded warriors whole again, but they do express the Legion's gratitude.

The program relies on funds, which are used to purchase items for the servicemembers.

How You Can Help

Most military medical centers are not equipped to store large quantities of care packages. The Legion strongly prefers monetary donations so that it can expedite the purchase and delivery of items to troops.

Send your tax-deductible contributions to:
The American Legion Department of Missouri
Attn: Operation Comfort Warriors
P. O. Box 179
Jefferson City, MO 65109-0179







Contents

Purpose	3
Outreach Ideas	4
News Release	5
Interview Talking Points	6
Social Media Messaging	7
Mental Health Awareness	7
Referral Resources	8
Recognizing Signs and Symptoms	9
Managing Stress	10
Infographics	12
Video	12
Articles	13
Print Handouts	13
MU Extension Programs	14
National Suicide Prevention Lifeline	16
Missouri Referral Resources	17
24 Hour Crisis Line Map	18
Acknowledgments	19
For Questions About the Toolkit Contact	19
Endnotes	20
Ribliography	21

Purpose

Rural Missouri is historically strong and resilient while dealing with long work hours, weather, disease and insects, government regulations, machinery breakdowns, crop uncertainty, livestock problems, and commodity prices. Worry, isolation, loneliness, stress, and anxiety are challenges many face. This reminds us of the importance of evaluating personal health and wellbeing during Mental Health Awareness Month.

According to the February 2020 "Growing Stress on the Farm, The Expanding Economic and Mental Health Disparities in Rural Missouri" report, rural Missouri's mental health crisis is more challenging than in urban areas. It may be especially severe in the agricultural community. Recent studies, media coverage and congressional action suggest that farmers and ranchers face a unique set of external challenges. These result in adverse mental health outcomes in agricultural communities. Pervasive stigma and geographic barriers to accessing mental health care sometimes prevent those seeking behavioral health services for stress, anxiety and depression from receiving it in rural Missouri.

During previous Mental Health Awareness campaigns, messages about mental health awareness and suicide prevention have not specifically targeted rural, agricultural communities. In response to this growing concern, <u>MU Extension</u> developed this toolkit to join the conservation during the national Mental Health Awareness Month in May.

Please join Missouri's mental health in rural communities' movement and national efforts to raise awareness about mental health. This toolkit offers practical resources to help strengthen farmer resilience with coping mechanisms to maintain balance and protect their mental health.

This promotional toolkit is intended to provide resources for information for farmers, their families, and farm-related organizations seeking assistance with farm stress and other behavioral health issues.

Outreach Ideas

Start the conservation in your community about mental health by:

- Sharing social media messages, infographics, articles and resources on social media.
- Liking and sharing posts from the <u>Show-Me Strong Farm Families</u> Facebook page.
- Creating a watch party on Facebook or hosting a live screening of a video on mental health and wellbeing.
- Visiting the <u>Missouri Department of Mental Health</u> website and sharing rural mental health resources.
- Printing resources to share with farmers, ranchers, and community members.
- Coordinating with MU Extension specialists to schedule/host a MU Extension program on rural mental health and wellbeing. See pages 14 and 15.

News Release

Partner representative name Title Email Phone number

[CITY WHERE PARTNER REPRESENTATIVE IS HEADQUARTERED IN ALL CAPS,] Mo. - University of Missouri Extension field specialist [name] or [insert partner representative name here] says May is Mental Health Awareness Month.

"In 2022, Missouri farmers, ranchers and their families face tough challenges," says (last name of specialist). "Economic uncertainties, changes in commodity prices and ongoing weather issues add to the daily stresses of farming and ranching."

Rural Missourians also sometimes encounter barriers to receiving help in a timely manner because mental health services may not be available in all rural counties.

MU Extension covers the 114 counties in Missouri. "The toolkit, provides resources and tools to promote and support the mental health and well-being of farmers, ranchers and their families," says Karen Funkenbusch, MU Extension health and safety specialist.

Throughout May, MU Extension will join the national Mental Health Awareness campaign to provide resources designed to be useful to farming and rural communities where they live, work and play.

"With increased pressures on today's farmers, we want to let farmers know there are ways to fight stigma and provide a safe environment to address mental health concerns of farmers," says [insert partner representative name here]. "We want to help our rural communities develop and maintain a support system for our farmers."

For more information, go to www.extension.missouri.edu/xxxxx, or contact partner representative email.]

Interview Talking Points

Suggested talking points for Mental Health Awareness Month.

- May is Mental Health Awareness Month.
- Many resources are available to rural Missourians to help with ongoing stresses, but sometimes it is difficult to find them. MU Extension and the <u>Missouri Department of Agriculture</u> are working together to help farmers, their friends and families, and rural communities find resources.
- Health care resources are not available in rural areas. Factors such as transportation, cost and stigma create barriers to seeking rural mental health resources and/or treatment. Farmers, who are self-employed, may not have insurance coverage for mental health issues.
- Farmers face unique challenges because there are many things beyond their control such as the weather and markets. Planting time is one of the busiest and most stressful times of the year for farmers.
- Mental health issues are not unique. 1 in 5 people will experience mental illness during their lifetime. Between 2003 and 2017, the suicide rate among rural Missourians grew by 78%. Hospital emergency department visits for suicide attempts or ideation grew by 177%.¹
- While the overall suicide rate declined in 2020, it rose slightly in those under 24 and preliminary data suggest that the suicide rate increased in Missouri during 2021.²
- In early May and September, Missouri typically experiences a peak in suicide behavior and deaths.²
- Many farm and ranch families experience financial and emotional stress. To
 assist farm families during these stressful times, the "Farm and Ranch Family
 Stress and Depression: A Checklist and Guide for Making Referrals" guide
 sheet can be helpful.

^{*} To find more Missouri facts and resources, see the Missouri Department of Mental Health "Suicide Infographic 2019" and the American Foundation of Suicide Prevention "Suicide Facts & Figures: Missouri 2022".

Social Media Post

Mental Health Awareness

- Suicide is growing at an alarming rate in rural Missouri. Between 2003 and 2017, the suicide rate among rural Missourians grew by 78%, and throughout the last decade hospital emergency department visits for suicide attempts or ideation increased 177%.¹
- Farming is a stressful business that typically requires long hours in predominantly isolated working conditions. Farmers tend to live in communities where access to mental health care is limited by distance, stigma or cost due to insurance status.¹
- Rural communities may have limited access to healthcare services, which can make it difficult for farm and ranch families to receive support when they experience a mental health crisis. Poor mental health can make it difficult to manage other common stressors.¹



- Stigma may not directly affect you, but it may prevent 1 in 5 Americans with mental health conditions from seeking help. Rural, agricultural communities can be highly influenced by stigma. Take the StigmaFree quiz to see if you might be affected: https://www.nami.org/Get-Involved/Pledge-to-Be-StigmaFree ³
- Suicide prevention specialists and mental health care providers talk about the importance of suicide prevention among farmers and ranchers: https://youtu.be/rWDSKCnZWDA³
- Everyone has stress and a moderate amount of stress is normal. Read more about the different types of stress and how they can affect you as an individual at: https://extension.missouri.edu/news/when-stress-is-not-normal-3454
- According to the <u>U.S. Department of Health and Human Services Office of Minority Health (HHSOMH)</u>, Black Americans are 20% more likely to experience serious mental illness than the general population. ⁴
- Children's Mental Health Week is the first full week in May each year. Find resources to promote Children's Mental Health Week at: https://namimissouri.org/get-involved/youth/childrens-mental-health-week/

Referral Resources

- Preventing suicide means being informed and knowing what to do when you or someone you know is having a difficult time. Call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255) for free, confidential assistance 24/7.
- Suicide Safe is a free mobile app that helps providers integrate suicide prevention strategies into their practice and address suicide risk among their patients. Download the app today from the app store.
 - https://store.samhsa.gov/product/suicide-safe 5



- Five steps to help someone at risk: ask, keep them safe, be there, help them connect, and follow up. Learn more about each of the 5 steps at:
 https://www.nimh.nih.gov/health/publications/5-action-steps-for-helping-someone-in-emotional-pain/index.shtml
- Comments about suicide should never be discounted. If you or someone you know is contemplating suicide, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).³
- "Missouri 2-1-1" is a free referral and informational helpline that connects people with a wide range of health and human services 24/7. Simply dial 2-1-1 from any phone.
- Youth.gov has many resources for youth and families facing mental health issues. Learn more and find resources for youth at: https://youth.gov/youth-topics/youth-mental-health
- Mental Health conditions typically begin during childhood adolescence or young adulthood. Make things easier and explore information, tips and resources for getting youth treatment, support and accommodations they need at: https://nami.org/Your-Journey/Kids-Teens-and-Young-Adults
- Military OneSource does not provide health care services, but it does point members of the military family to resources available to help. Learn more about Military OneSource at: https://www.militaryonesource.mil/health-wellness/mental-health/

 The National Suicide Prevention Lifeline is available for everyone. Find resources specific to your or someone you care about at: https://suicidepreventionlifeline.org/help-yourself/#.

Recognizing Signs and Symptoms

- Individuals experiencing a mental health crisis may not even realize it. Identifiers of someone who may be at risk include: change in routine, decline in the care of animals, increase in illnesses, increase in farm accidents, or decline in appearance of farm.⁶
- Sometimes you NEED help. Sometimes
 you ARE the help. Learn about signs and
 symptoms of stress on the farm or ranch. Addressing stress is important for
 prevention of anxiety and depression:
 https://www.youtube.com/watch?v=Jt9Tt3CcJuY&feature=youtu.be³
- Farm life is a busy lifestyle. If you are caring for your mind, body, and soul but still feel like you are struggling with your mental health, visit http://www.mhascreening.org to check your symptoms. Screening is free and confidential.³
- Men and women cope with stress differently. Men are less likely to talk about stress. Men escape by trying to get away physically or by denying there is a problem. They may cover stress up with drugs or alcohol. Men may also get angry and aggressive in response to stress.
- Men and women cope with stress differently. Women are more likely to "tend and befriend." They reach out to friends and family to talk things through and gain support with their problems.
- Stress can surface in the form of physical, emotional, or behavioral changes depending on the person and the situation. Learn more about recognizing stress at: https://dmh.mo.gov/media/pdf/recognize-and-manage-stress-farm-life

- Do you have a loved one who may be experiencing stress on the farm or ranch? Chronic stress can lead to anxiety and depression. It is important to check the signs and symptoms. https://extension.missouri.edu/media/wysiwyg/Extensiondata/Pro/AgrAbility/Docs/StressSignsSymptoms.pdf
- Be proactive and talk to your health care provider. Ask about potential signs of stress, anxiety, or depression.⁷
- You know better than anyone else how you are doing emotionally. It is
 important to check in with yourself and prioritize your mental health.

Managing Stress

- Manage and alleviate your stress by taking time to take care of yourself. Set limits on how much time you spend reading or watching the news. You can stay up to date on the news, but make sure to take time away to focus on things in your life that you can control.
- Chronic and uncontrolled stress can be detrimental to your health and interpersonal relationships. Learn ways to manage stress in your life: https://ag-safety.extension.org/production-agriculture-and-stress/
- Work and life create stress for all of us and we all manage and cope with stress differently. Here are resources to help you manage stress in your life. https://extension.missouri.edu/news/personal-resources-to-manage-stress-3456
- Farming and ranching are stressful occupations. It is important to know how to manage stress levels and reduce the effects of unwanted stress: https://dmh.mo.gov/media/pdf/recognize-and-manage-stress-farm-life
- Build fun and relaxation into your daily and long-term plans. Think of something you can do regularly, even if you can only take five minutes a day. Once you have built five minutes into each day, try to increase relaxation time little by little.
- Approaches that focus on relaxation can help a variety of health conditions.
 Learn about relaxation techniques and which technique is right for you:
 https://nccih.nih.gov/health/stress/relaxation.htm#hed2

- Farmers and ranchers often work long hours and eat meals on the go. Healthy, regular eating is essential. Pack fruits and vegetables, whole grain snacks, and plenty of water for long days in the field.
- Take care of your physical health to help lower your stress. Take a break to focus on positive parts of your life, like connections with loved ones.
- Research shows the benefits of exercise go beyond just physical well-being. Physical activities, like walking, biking and tai chi, can help reduce feelings of depression and stress, enhance mood and overall emotional well-being, increase energy levels, and improve sleep.9



Hashtags:

- #MentalHealthMonth
- #MentalHealthAwareness



Infographics

Common Warning Signs of Mental Illness

How to Deal with Stress and Anxiety

It's Okay to Talk About Suicide

Getting the Right Start: Student Guide to Mental Health

Suicide Prevention Facts and Resources in Missouri

Taking Charge of Your Mental Health

Want to Know How to Help a Friend?: Student Guide to Mental Health

Videos

Agriculture Mental Health Motion Graphic from Ag Health and Safety Alliance

Farm Stress: You Are Not Alone from Douglas County Kansas

Suicide Prevention in Rural Communities from I-CASH Iowa Ag Safety

The Surprising Rate of Farmer Suicide | Listen to America from HuffPost

Understanding Key Stresses in Farming and Ranching from NDSU Extension

Articles

Chronic Stress Leads to Health Problems

Come Together to Manage Stress on the Farm

Have You had 15 Laughs Today?

How to Talk to a Man About His Mental Health

Mental Health Issues Facing the Black Community

New Research Identifies Behavioral Health Crisis in Agriculture

Personal Resources to Manage Stress

Suicide Prevention for Men

Supporting Farmers' Mental Wellness

When Stress is Not Normal

Worries Within



Print Resources

Farm and Ranch Family Stress and Depression: A Checklist and Guide for Making Referrals from MU Extension

Farm Families and Mental Health from Texas A&M AgriLife Extension

How Stress Affects Your Health from American Psychological Association

Missouri Ask Listen Refer from Missouri Department of Mental Health

<u>Signs and Symptoms of Stress</u> from MU Extension, Missouri Department of Agriculture, and Upper Midwest Agricultural Safety and Health Center (UMASH)

Stress Management and the Challenge of Balance from MU Extension

Suicide Lifeguard from Missouri Institute of Mental Health

Suicide-Proofing Your Home from MU Extension

MU Extension Programs

Health Information for Men

"Health Information for Men" (HIM) program aims to help change life expectancy for American men. Through lessons that cover the latest finding on health-related topics ranging from hypertension to sleep, HIM provides the information needed to improve their health.



Mental Health First Aid Training

"Mental Health First Aid" is a course that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

Missouri AgrAbility Project

The purpose of the Missouri AgrAbility Project is to help increase the likelihood that farmers, ranchers, farm workers, and farm family members who are limited by any type of disability or chronic health condition employed in production agriculture or agriculture-related occupations become more successful.

Question, Persuade, Refer (QPR)

"QPR (Question, Persuade, Refer)" is a one-hour online program. A certified QPR Gatekeeper instructor with MU Extension will help participants recognize the warning signs for suicide, and learn how to intervene by using the three-step QPR method. Participants will become certified QPR Gatekeepers prepared to "Ask a question, save a life."



Taking Care of You

"Taking Care of You" is a stress management program developed by an interdisciplinary MU Extension team. This research-based, multi-session program offers practical strategies and experiences to help you deal with stress in your life. Managing life's challenges in a healthy way allows you to take better care of yourself and your overall health. Each session week you will explore topics through small group discussion, self-reflection, and activities.

Tai Chi for Arthritis and Falls Prevention

"Tai Chi for Arthritis and Falls Prevention" is designed to improve multiple aspects of health through slow, gentle movements that can be practiced almost anywhere. The degree of exertion can be easily adjusted, making this program suitable for adults of all levels and abilities. You will learn warmup exercises, six basic and six advanced moves and a cooldown during 16 one-hour classes. Harmony of inner and outer self comes from integrating mind and body, which can be achieved through the ongoing practice of tai chi.



Weather the Storm in Agriculture: How to Cultivate a Productive Mindset

Weather the Storm in Agriculture focuses on helping farmers and their families understand the effects of stress on the mind and body and how to manage it effectively during difficult times.

Youth Mental Health First Aid Training

"Youth Mental Health First Aid" teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders. This training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.



National Suicide Prevention Lifeline



The <u>National Suicide Prevention Lifeline</u>, 1-800-273-TALK (8255), provides 24/7 free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

The lifeline is available for everyone to find resources specific to an individual visit

https://suicidepreventionlifeline.org/help-yourself/#.

Starting July 16, 2022, the National Suicide Prevention Lifeline will be available for mental health or emotional crisis situations by calling 988. 988 has been designated

as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline.

When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing National Suicide Prevention Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.

The current Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis, even after 988 is launched nationally.

Missouri Referral Resources

Access Crisis Intervention (ACI) Hotline

"ACI" provides access to services for individuals experiencing a behavioral health crisis. Callers will have access to behavioral health crisis services. The hotline provides free, confidential assistance 24/7. Visit the <u>website</u> to find the "ACI" hotline number for your county.

Iowa Concern

Iowa Concern provides stress counselors, an attorney for legal education, information, and referral services for a variety of services that Missourians can access through MU Extension and a North Central Region Farm and Ranch Alliance Network federal grant. The toll-free number, live chat, and website are available 24/7. 800-447-1985

Missouri 2-1-1

"Missouri 2-1-1" is a free referral and informational helpline that connects people with a wide range of health and human services 24/7. Simply dial 2-1-1 from any phone.

Missouri Suicide Prevention Network (MSPN)

MSPN's goal is to coordinate and develop implementation of the Missouri Suicide Prevention Plan, based on the National Strategy for Suicide Prevention.

Find the Missouri 24/7 Crisis Lines for your county here.

The Crisis Text Line can be reached by texting "MOSAFE" to 741741.

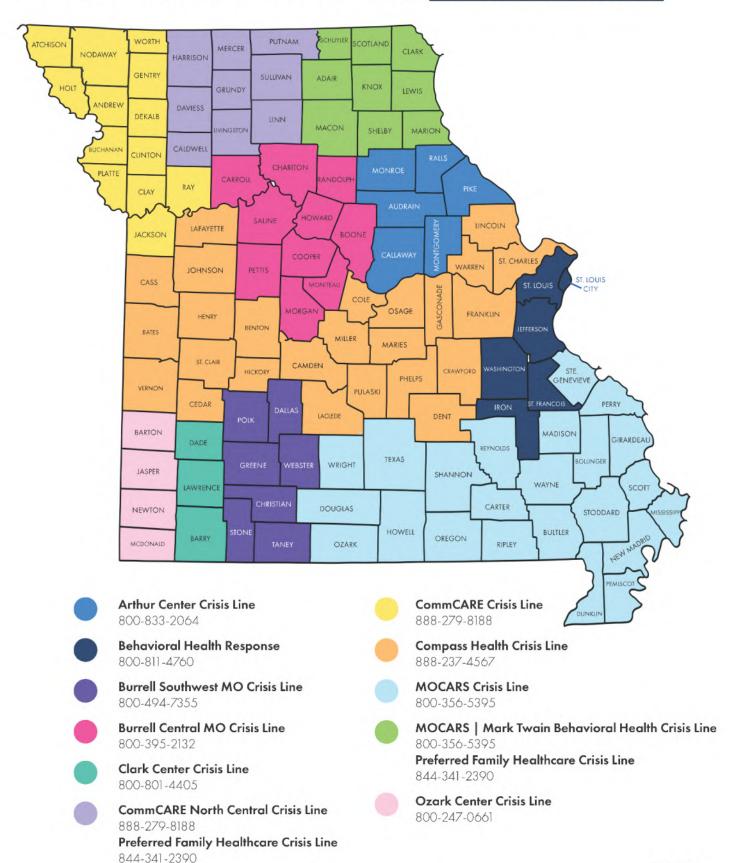
MU Psychological Recovery Telepsychology Services

The MU Psychological Services Clinic offers Skills for Psychological Recovery (SPR) Telepsychology services to help adults and youth cope with anxiety and stress. To request services, call 573-882-5808, email adpsc@umsystem.edu or visit the website.

North Central Farm and Ranch Stress Assistance Center

The North Central Farm and Ranch Assistance Center is a 12-state, 15-partner collaborative to create and expand stress management and mental health resources and services for agricultural producers and stakeholders in the North Central Region.

STATE-WIDE 24-HOUR CRISIS LINE



Acknowledgements

The preparation of this document was coordinated by Karen Funkenbusch, Director, Missouri AgrAbility Project, University of Missouri Extension. Special thanks to the following individuals for their contributions to this document.

Linda Geist
Senior Strategic Communications
Associate
College of Agriculture, Food, & Natural
Resources
University of Missouri Extension

Tevin Uthlaut Strategic Communication Associate Nutrition, Health & Families University of Missouri Extension

Christi Miller Communications Director Missouri Department of Agriculture Carley Travis
Communications Coordinator
Missouri Department of Agriculture

Elizabeth Gooch Student Intern College of Agriculture, Food, & Natural Resources University of Missouri

Kayla Funkenbusch Graduate Student College for Public Health and Social Justice Saint Louis University

For questions about the toolkit contact:

Karen Funkenbusch
State Extension Specialist
School of Health Professions
University of Missouri Extension
FunkenbuschK@missouri.edu

Tevin Uthlaut
Strategic Communication Associate
Nutrition, Health & Families
University of Missouri Extension
UthlautT@missouri.edu

Have a resource to share?

If you know of a farm-related resource that is not included in this document, please contact Karen Funkenbusch.

Disclaimer: The University of Missouri Extension, Missouri Department of Agriculture and USDA NIFA Farm and Ranch Stress Alliance Network do not have formal relationships with any external resources.

Endnotes

- ¹ "Growing Stress on the Farm Missouri Hospital Association." 26 Feb. 2020, https://www.mhanet.com/mhaimages/BehavioralHealth/BehavioralHealth_GrowingSt ressOnTheFarm.pdf. Accessed 14 Apr. 2020.
- ² "MO Suicide Prevention Network: United States: MOSPN." (n.d.). Retrieved from https://www.mospn.org/
- ³ "Mental Health Awareness Month Campaign Kit." 5 May. 2019, https://gpcah.public-health.uiowa.edu/wp-content/uploads/2019/04/Mental-Health-Campaign-Kit-May-2019.pdf. Accessed 14 Apr. 2020.
- ⁴ "Mental Health Issues Facing the Black Community: The Underlying Causes." (n.d.). Retrieved from https://www.sunshinebehavioralhealth.com/mental-health-issues-facing-the-black-community/
- ⁵ "Suicide Safe Mobile App | SAMHSA Publications and Digital" http://store.samhsa.gov/product/suicide-safe. Accessed 14 Apr. 2020.
- ⁶ "Rural Resilience American Farm Bureau." https://www.fb.org/programs/rural-resilience/. Accessed 14 Apr. 2020.
- ⁷ "Mental Health and the Impact on Wellness." https://agn.memberclicks.net/assets/docs/OSHAResources/Mental%20Health%20Re source.pdf. Accessed 14 Apr. 2020.
- ⁸ "Production Agriculture and Stress Ag Safety and Health." 17 May. 2019, https://agsafety.extension.org/production-agriculture-and-stress/. Accessed 14 Apr. 2020.
- ⁹ "The Emotional Benefits of Exercise National Institute on Aging." https://www.nia.nih.gov/health/infographics/emotional-benefits-exercise. Accessed 14 Apr. 2020.

Bibliography

- 5 Action Steps for Helping Someone in Emotional Pain. (n.d.). Retrieved from https://www.nimh.nih.gov/health/publications/5-action-steps-for-helping-someone-in-emotional-pain
- Ag-Safety. (2021, June 25). Production Agriculture and Stress. Retrieved from https://ag-safety.extension.org/production-agriculture-and-stress/
- Agriculture Mental Health Motion Graphic. (2019, March 13). Retrieved from https://www.youtube.com/watch?v=Jt9Tt3CcJuY
- Agriculture Mental Health Motion Graphic. (2019, March 13). Retrieved from https://www.youtube.com/watch?v=Jt9Tt3CcJuY
- Children's Mental Health Week. (2022, April 20). Retrieved from https://namimissouri.org/get-involved/youth/childrens-mental-health-week/
- Douglas County Kansas. (2020, January 08). Farm Stress: You Are Not Alone. Retrieved from https://www.youtube.com/watch?v=2SDszgQciiA
- The Emotional Benefits of Exercise. (n.d.). Retrieved from https://www.nia.nih.gov/health/infographics/emotional-benefits-exercise
- Farm Families and Mental Health. (n.d.). Retrieved from https://agrilifeextension.tamu.edu/library/health-nutrition/farm-families-and-mental-health/
- Here are NAMI's Three Steps for Being StigmaFree. (n.d.). Retrieved from https://www.nami.org/Get-Involved/Pledge-to-Be-StigmaFree
- How Stress Affects Your Health (n.d.). Retrieved from https://www.apa.org/topics/stress/health
- Huffington Post. (2018, July 26). The Surprising Rate of Farmer Suicide | Listen to America. Retrieved from https://www.youtube.com/watch?v=5W-361bRF5k
- Infographic: How to Deal with Stress and Anxiety. (n.d.). Retrieved from https://www.mhanational.org/infographic-how-deal-stress-and-anxiety
- Infographic: How to Deal with Stress and Anxiety. (n.d.). Retrieved from https://www.mhanational.org/infographic-how-deal-stress-and-anxiety
- Infographics & Fact Sheets. (n.d.). Retrieved from https://www.nami.org/About-Mental-Illness/Mental-Health-by-the-Numbers/Infographics-Fact-Sheets
- Kids, Teens and Young Adults. (n.d.). Retrieved from https://nami.org/Your-Journey/Kids-Teens-and-Young-Adults

- MO Suicide Prevention Network: United States: MOSPN. (n.d.). Retrieved from https://www.mospn.org/
- MU Extension. (n.d.). Retrieved from https://extension.missouri.edu/
- Mental Health. (n.d.). Retrieved from https://youth.gov/youth-topics/youth-mental-health
- Mental Health and The Impact on Wellness. (n.d.). Retrieved April 14, 2020, from https://agn.memberclicks.net/assets/docs/OSHAResources/Mental%20Health%20 Resource.pdf
- Mental Health Awareness Resource. (n.d.). Retrieved from https://gpcah.public-health.uiowa.edu/mental-health-awareness-resource/
- Mental Health Issues Facing the Black Community: The Underlying Causes. (n.d.). Retrieved from https://www.sunshinebehavioralhealth.com/mental-health-issues-facing-the-black-community/
- Military OneSource Mental Health. (n.d.). Retrieved from https://www.militaryonesource.mil/health-wellness/mental-health/
- Missouri Department of Mental Health. (n.d.). Retrieved from https://dmh.mo.gov/
- National Suicide Prevention Lifeline. (n.d.). Retrieved from https://suicidepreventionlifeline.org/
- NDSU Extension. (2019, March 06). Understanding Key Stresses in Farming and Ranching | March 7, 2019. Retrieved from https://www.youtube.com/watch?v=M266Fd1vlfM
- Office of Minority Health. (n.d.). Retrieved from https://www.minorityhealth.hhs.gov/
- Publications and Digital Products. (n.d.). Retrieved from https://store.samhsa.gov/product/suicide-safe
- Reidhead, M., Medows, J., Dothage, K., Funkenbusch, K., Davis, C., Williams, S., Gowdy, R. N. & Greimann, A. (2020, February 26). Growing Stress on the Farm: The Expanding Economic and Mental Health Disparities in Rural Missouri. Retrieved April 14, 2020, from Missouri Hospital Association: https://www.mhanet.com/mhaimages/BehavioralHealth/BehavioralHealth_GrowingStressOnTheFarm.pdf
- Relaxation Techniques for Health. (n.d.). Retrieved from https://www.nccih.nih.gov/health/relaxation-techniques-what-you-need-to-know#hed2

- Rural Resilience, C. (n.d.). Retrieved from https://www.fb.org/programs/rural-resilience/
- Suicide Lifeguard. (n.d.). Retrieved from https://suicidelifeguard.com/
- Suicide Prevention in Rural Communities. (2018, December 19). Retrieved from https://www.youtube.com/watch?v=rWDSKCnZWDA
- Suicide Prevention in Rural Communities. (2018, December 19). Retrieved from https://www.youtube.com/watch?v=rWDSKCnZWDA
- Take a Mental Health Test. (2021, November 22). Retrieved from https://screening.mhanational.org/screening-tools/

The development of this toolkit is supported in part by the USDA National Institute of Food and Agriculture (NIFA) under project numbers:

- Missouri Farm and Ranch Strass Alliance Network USDA NIFA 2021-70035-35436
- North Central Farm and Ranch Stress Alliance Center USDA NIFA 2020-70028-32728
- Missouri AgrAbility USDA NIFA 2018-41590-22323
- Missouri's BFRDP USDA NIFA 2018-70017-28578



Issued in furtherance of the Cooperative Extension Work Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Director, Cooperative Extension, University of Missouri, Columbia, M0 65211 • MU Extension provides equal opportunity to all participants in extension programs and activities and for all employees and applicants for employment on the basis of their demonstrate ability and competence without discrimination on the basis of race, color, national origin, ancestry, religion, sex, sexual orientation, gender identity, gender expression, age, genetic information, disability or protected veteran status. • 573-882-7216 • extension.missouri.edu



NATIONAL COMMANDER VINCENT J. "JIM" TROIOLA 2023 MEMBERSHIP INCENTIVE PIN CERTIFICATION FORM



Please make sure that the address, phone number and email address provided is for the recruiter and not the post

Date:
Name:
Membership ID Number:
Street Address or PO Box:
City, State, Zip:
Email Address:
Phone Number:
☐ MAIL TO RECRUITER ☐ MAIL TO POST
TO QUALIFY YOU NEED TO <u>RECRUIT</u> (3) NEW MEMBERS INTO THE AMERICAN LEGION.
(A NEW MEMBER IS DEFINED AS ANY <u>ELIGIBLE VETERAN</u> JOINING FOR THE 2023 MEMBERSHIP YEAR WHO <u>WERE NOT</u> A MEMBER OF THE AMERICAN LEGION DURING THE 2022 MEMBERSHIP YEAR). <u>TRANSFERS DO NOT COUNT AS NEW MEMBERS.</u>)
PLEASE FORWARD THE NAMES OF NEW SAL MEMBERS OR AUXILIARY MEMBERS TO YOUR SQUADRON OR UNIT FOR USE IN THEIR RESPECTIVE INCENTIVE PROGRAMS. CONTACT YOUR STATE HEADQUARTERS FOR MORE INFORMATION.
PLEASE MAKE SURE THAT THE MEMBERS HAVE BEEN PROCESSED BEFORE SUBMISSION. PINS WILL NOT BE MAILED UNTIL THEY ARE VERIFIED ON THE NATIONAL DATABASE.
THE DEADLINE FOR THIS INCENTIVE IS JUNE 30, 2023.
(3) NEW MEMBERS: (Include full name, ID number, department, post)
1
2.
3
Return completed forms to:

Fax: 317-630-1413

Email: kadams@legion.org

Return completed forms to:
The American Legion
Internal Affairs & Membership Division
PO Box 1055
Indianapolis, IN 46206



NATIONAL COMMANDER VINCENT J. "JIM" TROIOLA 2023 V.E.T.S. EXPIRED MEMBERSHIP INCENTIVE PIN CERTIFICATION FORM



Please make sure that the address, phone number and email address provided is for the recruiter and not the post

Date:
Name:
Membership ID Number:
Street Address or PO Box:
City, State, Zip:
Email Address:
Phone Number:
☐ MAIL TO RECRUITER ☐ MAIL TO POST
TO QUALIFY YOU NEED TO <u>REINSTATE</u> (5) <u>EXPIRED</u> MEMBERS INTO THE AMERICAN LEGION FOR THE 2023 MEMBERSHIP YEAR WHO <u>WERE NOT</u> A MEMBER DURING THE 2022 MEMBERSHIP YEAR.
PLEASE FORWARD THE NAMES OF SAL MEMBERS OR AUXILIARY MEMBERS TO YOUR SQUADRON OR UNIT FOR USE IN THEIR RESPECTIVE INCENTIVE PROGRAMS. CONTACT YOUR STATE HEADQUARTERS FOR MORE INFORMATION.
PLEASE MAKE SURE THAT THE MEMBERS HAVE BEEN PROCESSED BEFORE SUBMISSION. PINS WILL NOT BE MAILED UNTIL THEY ARE VERIFIED ON THE NATIONAL DATABASE.
THE DEADLINE FOR THIS INCENTIVE IS JUNE 30, 2023.
(5) REINSTATED EXPIRED MEMBERS: (Include full name, ID number, department, post)
1
2
3
4.
5.

Fax: 317-630-1413

Email: kadams@legion.org

Return completed forms to: The American Legion Internal Affairs & Membership Division PO Box 1055 Indianapolis, IN 46206



★ DEPARTMENT OF MISSOURI, INC. ★ PO BOX 179 ★ JEFFERSON CITY, MISSOURI 65102-0179 ★ (573) 893-2353 ★ (800) 846-9023 ★ FAX (573) 893-2980 ★

★ E-MAIL: info@missourilegion.org ★ WEBSITE: www.missourilegion.org ★

ROSE NOONAN

DEPARTMENT COMMANDER 20166 HIGHWAY 28 DIXON, MO 66459 THOMAS K. GOODIN

NATIONAL EXECUTIVE COMMITTEEMAN
1829-A CEDAR RIDGE RD
JEFFERSON CITY, MO 65109

MARK CLARK SENIOR VICE COMMANDER 1308 NW BASSWOOD CT GRAIN WALLEY, MO 64029

LOWRY A. FINLEY-JACKSON, DEPARTMENT ADJUTANT

2022-2023 HIGH SCHOOL ORATORICAL SCHOLARSHIP PROGRAM A Constitutional Speech Contest

TO: Post Adjutants (For Post Oratorical Chair)

This letter inaugurates the 89th Annual High School Oratorical Contest. For more than seven decades, Legionnaires of Missouri have unselfishly worked to help boys and girls become better citizens. Certainly, it is a record in which we can all take pride.

To accomplish our goal, we cannot merely wish for results. It takes hard work by the Post Chair. The Post Chair is the key to the Oratorical Program, which can be no better than the number of schools and students enrolled by them.

<u>Post Chair must contact their schools immediately.</u> The minute that high schools receive our materials is when contestants need to begin to prepare for this program.

Contact your schools. Briefly explain the program, its purpose, and what it does for the students. Encourage the school to enroll its entire speech or social studies class, but if the school can enroll only one student, that is fine. Tell the school the name and address of the County Oratorical Chair, available from your District Chairman. Remind the school that entry can be done on our website, www.missourilegion.org/oratorical.

If you need forms, please visit our department website www.missourilegion.org choose the FORMS page link. This is the only the material to be used this year, as outdated materials can cause embarrassment.

Thank you for making the Oratorical program successful. Call or write if I can help in any way.

Sincerely,

Judge Duane Benton, Chair

Department Oratorical Commission

P.S. Oratorical information is now available at http://www.missourilegion.org/oratorical

CERTIFICATION FOR THE AMERICAN LEGION DEPARTMENT OF MISSOURI, INC. HIGH SCHOOL ORATORICAL CONTEST

		Date
THIS CERTIFICATION SHOWN ON OR BEFORE NOVEMBER	ULD BE MAILED OR E-MAILED R 30 th .	
The total number of students in	our high school who participated in the O	Oratorical Contest is:
N	Tumber of Students (Please include <u>all st</u>	udents who studied for this program.)
Student selected to represent ou	ur High School in the County (or Group)	Contest:
Mr./Ms		
(NAME)	(STREET)	(CITY, STATE, ZIP)
(GRADE) (AGE)	(EMAIL ADDRESS)	(PHONE NUMBER)
Alternate Selection:		
(NAME)	(STREET)	(CITY, STATE, ZIP)
(GRADE) (AGE)	(EMAIL ADDRESS)	(PHONE NUMBER)
HIGH SCHOOL		
STREET ADDRESS		<u> </u>
PRINCIPAL Mr./Ms.	PHO	NE
TEACHER/COACH Mr./Ms.		PHONE
E-MAIL ADDRESS		<u> </u>
Local Newspaper Name/Addres	SS	71
Yo http://w	yu may enter electronic yww.missourilegion.or	cally at g/oratorical
MAIL THIS COPY TO	Judge Duane Benton, Chair Department Oratorical Commission The American Legion PO Box 179 Jefferson City, MO 65102	n
OR E-MAIL TO	services@missourilegion.org	

^{-&}quot;High schools may select, in any reasonable manner, a contestant to represent the school. Each contestant, to advance, must be certified the winner of each prior contest beginning with the high school. Certification must be made in writing to <u>both</u> the COMMISSION Chair <u>and</u> the CHAIR of the next contest. If a winner is disqualified, withdraws, or cannot compete, then the second-place contestant may advance. If a substitute contestant is not available without undue delay, the contest shall proceed among available contestants."

METHODS OF JUDGING

Zone and state contests have five judges. Lower contests may have three or five judges. Judges should be trained or experienced in public speaking, and (preferably) previously judged speech contests. Judges should not have judged a prior contest including the contestant, or be employed by a school represented by a contestant. Arrangements for judges are made by the Chair of each contest, who should brief the judges before the contest. A judge should not discuss anything about the contest with a contestant before the contest.

During the contest, judges are seated separately. Each judge individually ranks the contestants without consulting anyone else. Judges must use and follow the scorecard on the preceding page.

If the prepared oration or assigned topic ignores the attendant duties and obligations of a citizen, the contestant may be penalized up to 10 points. Judges also downgrade contestants if parts of the assigned topic discourse appear overly "canned."

The Judges, Timekeepers, Tabulators, and Chair, following the last speech, may proceed to a private room for final tabulation.

Tabulators check each scorecard and then tally the rankings. The contestant receiving lowest total rankings (*not* total points) is the winner. (For example, if contestant #1 receives two firsts, two seconds, and a third on the judges' score cards, the total score is 9. If contestant #2 receives two firsts, two seconds, and a fourth, the total score is 10. Though contestant #2 receives two firsts, the total score of 10 places second.)

In contests with five judges, if two contestants have the same rankings total, the tie is broken by the rankings of the five judges for the two contestants. One contestant wins by three judges' Record of Choice – comparing only the rankings of the two top contestants. Total points do *not* break a tie between two contestants.

If three (or more) contestants receive the same rankings total, the tie is broken by the highest total points from all judges. Total points are used only when three (or more) contestants tie on total rankings. In the rare case of a tie on points as well as on rankings, the judges will meet, compare scores and arrive at consensus rankings, which are final.

CERTIFICATION OF CONTESTANTS

Each high school (or home school) may select, in any reasonable way, a contestant to represent it. High school (or home school) contests are preferred in order to increase participation.

A contestant, to advance, must be certified the winner of each prior contest beginning with the high school (or home school). Certification must be made in writing or by e-mail to both the COMMISSION Chair and the CHAIR of the next contest.

If a contest has only one contestant, that student advances to the next higher level. If a winner is disqualified, withdraws, or cannot compete, then the runner-up may advance. If a substitute contestant would delay the contest, the contest shall proceed among available contestants.

The Commission supplies forms to certify contestants. Other written certifications are acceptable if equivalent information is provided. Electronic certification is available for high schools or home schools at **www.missourilegion.org/oratorical**.

OTHER CONTEST RULES

Publicity – The names of contestants may be released to the media for publicity purposes. Interviews or photographs of contestants are prohibited before the contest. No publicity shall be given to the judges before the contest, who are introduced only after announcement of their decision.

Broadcasts – Television and radio recording is permitted if the normal speaking voice of the contestant is not interfered with or amplified within the auditorium, the lighting and other conditions are the same for all contestants, and the Legion is not obligated financially. Satisfactory arrangements for recording must be made in advance with the Chair of the contest and with the person in charge of the building. Recording shall not change the contest schedule, nor distract the contestants. Any other electronic/digital data gathering, receiving and/or transmitting equipment shall not be used by contestants or audience members during the contest.

Copies of Prepared Oration – Contestants in the district, zone, and state contests shall give the Chair two printed copies of their prepared oration, which clearly show the title. Contestants may possess and consult a copy of their oration until exiting the holding room to speak, when they must leave the copy in the holding room.

Dress – Contestants shall not wear uniforms, or awards and medals from previous competition. Business attire is recommended for all contestants.

Notes and Rostrums – Contestants may not use notes, speaker's stands, or amplification systems while speaking. Prompting is not allowed, nor props of any kind.

Applause – The Chair at each contest shall try to prevent applause until all contestants speak, so that speakers are judged on merit.

Order of Speaking – Contestants speak in the order determined by a drawing conducted with the Chair, who will refer to the speakers only as Number 1, Number 2, etc.

Announcement of Winner – The Chair does not introduce the contestants by name until after the judges finish all scoring. The Chair announces only the first place winner and alternate, or only those contestants receiving actual awards.

Time Keeper – The Chair names an official timer to keep an accurate time record of each contestant. The timer shall sit on the main floor in full view of the contestants. The timer has a stop watch and time cards with the figures 3, 4, 5 and 6. Timing starts when the contestant starts speaking. When 5 minutes pass in the Prepared Oration, the card with the figure "5" is placed in full view of the speaker, followed by the "6" card at the end of 6 minutes. During the Assigned Topic, the timer uses cards with the figures 3, 4 and 5. (Time cards with the figures 8, 9 and 10 are used for the Oration in the State Finals.) The Chair announces the time immediately after each speech, for the benefit of the judges. The Chair also announces penalty points then, if any.

Escorts – Immediately before the prepared orations, all contestants enter a separate room with an Escort appointed by the Chair, so the other orations cannot be heard. Contestant #1 then goes to the platform for delivery of the oration, following which he or she retires to the separate room. Each student in turn speaks and returns to the room, then all contestants return together to the platform.

Assigned Topic – Immediately before the last prepared oration, the Chair places in separate envelopes the text of the four Assigned Topics, and asks someone in the audience to draw one. The Article or Amendment drawn is the topic for all contestants, but is not then announced. The Chair reads the topic to the judges and audience after the last oration.

Assigned Topic Preparation – Approximately five minutes before delivery of the assigned topic, contestant #1 is first shown the topic and taken to a private room, with an escort who ensures that the contestant does not consult anything except the actual words of the topic.

Each contestant is called in order of previous appearance. Each, also in turn, is shown the topic and escorted to the private room for five minutes, just like contestant #1.

Tabulators – The Chair appoints at least three Tabulators to compile and check the judges' scorecards before handing them to the Chair. The Chair and the Tabulators shall not divulge the judges' scorecards to anyone at the site of the contest. Persons interested in the scoring, for professional purposes, may request, from the commission Chair, copies of the scores of a contestant (with judges' names omitted).

MISSOURI NATIONAL WINNERS

949	Paul T. Heyne
11	Anisha N. Gururaj
013	Agnes G. Rieger Kansas Ci
14	Ashwath S. Kumar Columb

1005	MISSOURI STATE WINNERS
1935 1936	Everett Grese. Concordi Thomas Tierney. St. Loui
1937	Charles Brown
1938	Carl Kenagy, Jr Raytow.
1939	Kenneth Hackman
1940	Olin W. Venable
1941 1942	James J. Jenkins
1942	Maurice Kraxberger Salisbur Ed Keath Clayto
1944	Richard B. Dempsey St. Loui Patrick O'Mera St. Loui Howard Downs Independenc Robert A. Southern Independenc
1945	Patrick O'Mera St. Loui
1946	Howard Downs Independence
1947 1948	Robert A. Southern Independence
1949	Robert Wallace
1950	Kenneth Lee Frerking
1951	Martin E. Palmer St. Louis Count
1952	Monty Harlow
1953	David Morton
1954 1955	Thomas Hungerford St. Loui Leonard Goodall Warrensbur
1956	Kenneth R. Jennison Carthag
1957	Kenneth R. Jennison. Carthag Jeana Sue Herl Hanniba
1958	Robert Dickeson Independence
1959	June Lynne Skaggs
1960 1961	David J. Wynne
1962	Sandra Lee Appleby St. Charle
1963	Bond R. Faulwell Kansas Cit
1964	John Willibrand
1965	David Hilgendorf St. Loui
1966	Robert Thedinger
1967 1968	Robert Thedinger. Kansas Cit Gary Klingsporn Monet
1969	John W. Head. Palmyr
1970	John W. Head. Palmyr Susan J. Dye Hanniba
1971	John W Head Palmyr
1972	Joyce Meier Farra Robert Banks, Jr. Monet
1973 1974	Robert Banks, Jr
1975	Debbie O. Downs Mancheste Joy Anita Haven Mancheste
1976	Donald A. Calvert
1977	John F. Gillespie, Jr Mancheste
1978	Charles J. Rupp Diamon
1979 1980	Allan H. Harvey Roll
1980	Brenda Tompkins
1982	Glen Dasmalchi Mansfiel Kevin W. Smith North Kansas Cit
1983	Rodney Sexton
1984	Patrick Walker Grandview
1985	Sam M. Coring
1986 1987	Catherine M. Kintner Jackso Marty Tade. Columbi
1988	Rachel L. Bringer
1989	Bryan D. Watson Mila
1990	Ted W. Beasley St. Loui
1991	Lisa S. Williams Mancheste
1992 1993	Brian W. Prewitt
1994	Amy E. Smith
1995	Tina Suneja Town and Countr Tina Suneja Town and Countr
1996	Karen M. Barmann
1997	Bradley W. Cordes
1998 1999	Erin K. Guyer Ballwi Arif H. Kamal Warrensbur
2000	Edward C. Shelton Kansas Cit
2001	Ashley S. Oppenheim
2002	Ashley S. Oppenheim Ballwi Jared R. Wortman Warrensbur
2003	Jared R. Wortman
2004	Afrin N. Kamal
2005 2006	Alexandra K. Hunstein
2007	Cody L. Clemons
2008	Brittany M. Sanders
2009	Brittany M. Sanders
2010	Derek W. Schulze
2011	Anisha N. Gururaj
2012 2013	David A. Rogers
2013	Ashwath S. Kumar
2015	Meghana C. Bharadwaj
2016	Meghana C. Bharadwaj
2017	Lorinda A. Ruz
2018 2019	Makaylah L. Jones
2019	Andrew R. Moore
2021	Vignesh Kumar
2022	Evan T. Becker

The American Legion

DEPARTMENT OF MISSOURI, Inc.

Eighty-ninth Annual High School Oratorical Scholarship Program

A CONSTITUTIONAL SPEECH CONTEST

2022-2023



Judge Duane Benton, Chair Oratorical Commission, P.O. Box 179 Jefferson City 65109 (800) 846-9023 programs@missourilegion.org

ZONE I

ZONET
Larry J. DuFour (636) 441-7102
106 Mill Run Lane St. Peters 63376
Robert J. Ravenscraft (573) 769-3731
1415 W. Line Palmyra 63461
ZONE II
Marvin E. Harper (660) 652-3291
202 McCandles Barnard 64423
Kerry L. Boardman (913) 206-0466
1008 SW Shorthorn Dr Grain Valley 64029
ZONE III
Patricia C. Olmstead (417) 684-7512
1005 S. Main St El Dorado Springs 64744
David E. Shafer (573) 759-6874
14325 Camden Ln Dixon 65459
ZONE IV
Darlene Coats (314) 477-6841
5389 Wells Avenue St. Louis 63112
John L. Midkiff (636) 207-0626
1277 Mautenne Dr Ballwin 63021

www.missourilegion.org/oratorical

THE AMERICAN LEGION Department of Missouri, each school year, sponsors an Oratorical Contest for high school students in Missouri.

The purpose of the contest is to develop knowledge and appreciation of the United States Constitution, the ability to think and speak clearly and critically, and the acceptance of the duties, responsibilities, rights and privileges of American citizenship. The contest meets guidelines of the Missouri State High School Activities Association, and appears in the Advisory List of Contests and Activities, of the National Association of Secondary School Principals. The Legion contest is a partner with the National Speech & Debate Association, the honor society for high school students (formerly the National Forensic League).

AWARDS

The Department of Missouri awards the following medals and scholarships at State Finals:

Gold Medal \$5,000.00
Silver Medal \$2,500.00 Silver Medal \$2,250.00
Silver Medal \$2,230.00
Gold Meda
Silver Meda
Bronze Meda
Silver Meda
Bronze Meda
Brooch

If a high school contest is held, the sponsoring Post should award the winner a bronze medal, available from Department Headquarters, P.O. Box 179, Jefferson City 65102 at \$12.50 each.

Contestants in the National Finals receive scholarships of \$25,000, \$22,500, and \$20,000 for the top three places. State winners who participate in first-round National contests receive \$2,000 scholarships. Second-round National participants (who do not make the finals) receive additional \$2,000 scholarships. Some colleges and universities (including Drury University) give additional scholarships based on participation in the Oratorical Contest.

SCHEDULE OF CONTESTS

SCHEDULE OF CONTESTS			
ontest	Date		
High School Before November	30, 2022		
County Between December 4 and	19, 2022		
District Before January	23, 2023		
Zone Before February	13, 2023		
State Finals On Sunday, February	26, 2023		
Most Contests are on a Sunday Afterno	oon		

NATIONAL CONTESTS

National contests are April 21 - 23, 2023, in Indianapolis, Indiana. Missouri sends one contestant to the first of the three National rounds. The top three national finalists earn berths in Original Oratory at the National Speech & Debate national tournament.

PREPARED ORATION

Each contestant delivers a prepared oration, which must be an original effort. Plagiarism may cause disqualification.

The oration must address some aspect of the Constitution of the United States, which emphasizes the attendant duties and obligations of a citizen to our government. A student shall use the same subject for the oration throughout all contests.

The oration in all contests, except the State Finals, must last between five and six minutes. The oration in the State Finals must last between eight and ten minutes. The same oration must be used by the state winner in the national contest. The title of the oration is announced by the contest Chair before each oration.

Quotations must be clearly indicated. If they exceed ten words, the author's name shall be given both orally and in the manuscript. All speeches are delivered in English (except for short phrases from other languages). Singing is not permitted (although songs may be quoted).

ASSIGNED TOPIC DISCOURSE

Contestants in the district, zone, and state contests give an Assigned Topic Discourse, in addition to a Prepared Oration. The discourse lasts between three and five minutes. The oration quotation rule must be observed.

The discourse tests the speaker's knowledge of the subject, the extent of research, and the ability to relate the topic to the basic principles of the Constitution. All contestants speak on the same topic, drawn during the contest from the four listed on the next page.

DELIVERY TIME

	Prepared Oration		Assigned Topic	
	Not Less	Not More	Not Less	Not Mor
	Than	Than	Than	Than
School, County	5 min.	6 min.	_	_
District & Zone	5 min.	6 min.	3 min.	5 min.
State Finals	8 min.	10 min.	3 min.	5 min.

If a contestant speaks less than the minimum or more than the maximum time, a penalty of one point for each minute (or fraction thereof) is deducted from the contestant's total score.

ASSIGNED TOPICS - 2023

AMENDMENT VI

In all criminal prosecutions, the accused shall enjoy the right to a speedy and public trial, by an impartial jury of the State and district wherein the crime shall have been committed, which district shall have been previously ascertained by law, and to be informed of the nature and cause of the accusation; to be confronted with the witnesses against him; to have compulsory process for obtaining witnesses in his favor, and to have the Assistance of Counsel for his defense.

AMENDMENT X

The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people.

AMENDMENT XIV, SECTION 1

All persons born or naturalized in the United States and subject to the jurisdiction thereof, are citizens of the United States and of the State wherein they reside. No State shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any State deprive any person of life, liberty or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws.

AMENDMENT XVI

The Congress shall have power to lay and collect taxes on incomes, from whatever source derived, without apportionment among the several States, and without regard to any census or enumeration.

ORGANIZATION

The contest is supervised by the Oratorical Commission of nine members appointed by the Department Commander. The Commission is the final authority on all aspects of the contest.

The state is divided into four zones:

Zone 1 - Legion Districts 1, 2, 8 and 9

Zone 2 - Legion Districts 3, 4, 5 and 7

Zone 3 - Legion Districts 6, 15,16 and 17

Zone 4 - Legion Districts 10, 11/12, 13 and 14

Each District Commander appoints County Chairs and a District Chair. The Commission appoints the four Zone Chairs. Each Chair cooperates with the local schools and Legion Posts to promote the program; to supervise generally the contests in the area; and, in addition, to preside at the particular contest he or she chairs.

ELIGIBILITY

All contestants shall be citizens or lawful permanent residents of the United States, bona fide students under age 20, and presently enrolled in grades 9 through 12, in a high school or junior high school (public, parochial, military, home or private). Contestants must either be legally domiciled in, or attend school within Missouri. Contestants may enter the contest in only one state. Students who graduate early may compete if not enrolled in a college, university, trade school, or other institution of higher learning on February 26, 2023.

The three finalists in the National Finals cannot compete again at any level.

SPONSORSHIP

Contests are sponsored and financed by The American Legion Department of Missouri, Inc., and the Legion Posts throughout the State.

Posts sponsor and assist the contestants from their local high schools. If no Post is near a high school, or if a contestant is not sponsored by a Post, then the Commission, upon request, will assist the contestant.

Posts of each county unite to sponsor the county champion at the district contest. Posts in each district sponsor the district winner at the zone contest, while Posts of the zone sponsor the zone champion at the State Finals in Jefferson City.

Contests are open to the public, with no admission charge. Schools and the public, generally, are invited to cooperate with the Legion in promoting this patriotic enterprise. Constructive criticisms and suggestions are considered by the Commission at its annual meeting.

CRITERIA FOR SPEECHES

Before the contest, each Judge should study the scoring of the Prepared Oration and Assigned Topic, as indicated by this scorecard:

1 2 3 4 5 6

Name of judge ______ Date _____

Number of Contestant

A.	Content		
1.	Was the speech original, fresh, and direct, applying the student's knowledge?	Prepared Oration Assigned Topic	12 pts. 4 pts.
2.	Did the student skillfully select examples, descriptions, analogies, and specific data?	Prepared Oration Assigned Topic	12 pts 4 pts
3.	Was the speech logical, well organized, and developed?	Prepared Oration Assigned Topic	12 pts. 4 pts.
4.	Did the student show a comprehensiveness of knowledge of the subject matter?	Prepared Oration Assigned Topic	16 pts. 6 pts.
В.	Speaking Skills		
1.	Did the student use volume, rate, pitch, and diction effectively?	Prepared Oration Assigned Topic	6 pts. 4 pts.
2.	Rate the speaker's style: language use, word arrangement and selection, and transitions.	Prepared Oration Assigned Topic	6 pts. 4 pts.
3.	Were body actions – poise, eye contact,	Prepared Oration Assigned Topic	6 pts. 4 pts.

1 point for each minute (or fraction thereof) over or under allotted time $1\mbox{-}10$ points for failure to speak on the Constitution

Total Points

Rank each Contestant 1, 2, 3, 4, 5, 6.

posture, gestures, facial

expressions - appropriate?

2022-2023 HIGH SCHOOL ORATORICAL SCHOLARSHIP PROGRAM A Constitutional Speech Contest

TO: Post Adjutants (For Post Oratorical Chair)

This letter inaugurates the 89th Annual High School Oratorical Contest. For more than seven decades, Legionnaires of Missouri have unselfishly worked to help boys and girls become better citizens. Certainly, it is a record in which we can all take pride.

To accomplish our goal, we cannot merely wish for results. It takes hard work by the Post Chair. The Post Chair is the key to the Oratorical Program, which can be no better than the number of schools and students enrolled by them.

<u>Post Chair must contact their schools immediately.</u> The minute that high schools receive our materials is when contestants need to begin to prepare for this program.

Contact your schools. Briefly explain the program, its purpose, and what it does for the students. Encourage the school to enroll its entire speech or social studies class, but if the school can enroll only one student, that is fine. Tell the school the name and address of the County Oratorical Chair, available from your District Chairman. Remind the school that entry can be done on our website, www.missourilegion.org/oratorical.

If you need forms, please visit our department website <u>www.missourilegion.org</u> choose the <u>FORMS</u> page link. This is the only the material to be used this year, as outdated materials can cause embarrassment.

Thank you for making the Oratorical program successful. Call or write if I can help in any way.

Sincerely,

Judge Duane Benton, Chair

Department Oratorical Commission

P.S. Oratorical information is now available at http://www.missourilegion.org/oratorical

Checklist POST Oratorical Chair for

Local high-school contests

The High School Oratorical Contest—one of our great Americanism programs—emphasizes knowledge about the U.S. Constitution. It stimulates speaking abilities for high school youth, along with emphasis on the duties, rights, and responsibilities of citizenship under the Constitution.

The Post Oratorical Chair (and Committee) are the key to participation. Here are some specific suggestions.

 1.	Study the Missouri Rules Brochure for all details of the program. Or visit https://www.missourilegion.org/oratorical
2.	Contact local high schools to encourage participation. (Talk with principals and relevant teachers—speech, social studies, and history teachers—as well as school board members and other community leaders)
3.	Have your Post order a bronze medal for the winner at the local high school, from Department Headquarters, P.O. Box 179, Jefferson City, Missouri 65102 - Cost is \$12.50.
4.	A local high school contest has only one speech—an oration on some phase of the U.S. Constitution with emphasis on the attendant duties, rights, responsibilities, and privileges of citizenship. It must last between 5-6 minutes.*
 5.	Volunteer to help—if asked by the high school—to furnish judges, timekeepers, and other helpers.*
 6.	Find out when the County Contest is. Tell the local schools of the time, place, and date of County Contest. Also, tell them of name of the County Chair. [If there's any doubt who the County Chair is, please do contact the District Chair, listed on the enclosed list.]
 7.	Remind the high school to certify the winner's name, age, grade, and address, and total number of students who study the topic, to the District Chair and to the State Oratorical Chair. DEADLINE - NOVEMBER 30 th Remember, entry is easy at https://www.missourilegion.org/oratorical
8.	Arrange with your Post to sponsor the winner to the next contest levels. Arrange transportation, if needed. Ask Post members to attend subsequent contests.

^{*} Note: Local high schools may conduct the contest in any reasonable way, and most conduct \underline{no} contest.



THE AMERICAN LEGION DEPARTMENT OF MISSOURI JUNIOR ROTC CADET OF THE YEAR 2023



Name and Contact Information

Name:			
High School:			
High School Phone #:			
JROTC Unit:			
JROTC Unit Email:			
JROTC Unit Address:	Street:		
	City:	MO,	Zip Code:
JROTC Phone #:	N	filitary Service Associate	ed with:
Cadet Rank:	(Grade Point Average:	
(List your meda		edals & Ribbons ighest precedence – spell out 1	nedal/ribbon name)
1		_ 2	
3		_ 4	
5		_ 6	
7		_ 8	
9		_ 10	
11		_ 12	

Other JROTC Awards:

(List any award received and year received)

1		2
3		4
5		6
		8
		10
Parti		r JROTC Unit, Leadership Positions, and Roles 5 JROTC participation with most recent listed first)
School Year	Rank at Time	Briefly describe your most important accomplishment or award while in this position.

Cadet Last Name:

List any parti	cion in Activities with The American Legion icipation with The American Legion either as a member of or one of the Legion organizations. List up to 5 activities.
Activity (enter event and year)	Briefly describe your participation in the activity.

Cadet Last Name:

Participation in Activities or Organizations other than the JROTC or The American Legion

List up to four activities

Activity (enter event and year)	Briefly describe your position/role and most important accomplishment/award while participating in this organization			
	, 			
Meml	pership in the American Legion Family			
Are you a member of the So	ons of the American Legion or American Legion Auxiliary?			
If YES what Squadron or Un	nit: # of Years as a member:			
Post name and number affili	ated with:			
Cadet Last Name:				

What are your Goals after High School?

Cadet Printed Name and Signature

Printed Name and Signature of Parent or Guardian

JROTC SENIOR INSTRUCTOR ENDORSMENT (Provide your endorsement of the cadet below)

	Name/Signature of Instructor



Department of Missouri American Legion JROTC Cadet of the Year 2023

Instructions for Completion of the Application Form

Cadet of The Year nominee at the time of submission must be a cadet currently in or just completed their **junior** year of high school.

Each JROTC program will submit only one application.

The cadet will fill out the first five pages of the application. Both the cadet and parent/guardian will sign the application at the bottom of page five. The senior instructor should review the application for accuracy and provide their written endorsement on page six of the application. There is no need to send supporting documentation.

Name and Contact Information: Provide accurate name and contact information.

JROTC Medals & Ribbons: List your top 12 medals and ribbons earned through JROTC. The medals/ribbons need to be listed in order of precedence as viewed when looking at your uniform. The medal/ribbon with the highest precedence will go in block one. Spell out medal/ribbon name. Indicate if you have been awarded the medal/ribbon more than once by including the number of oak leaf clusters (OLC). You can enter OLC with the number (2 OLC).

Other JROTC Awards: List up to 10 other JROTC awards you have received and the school year it was earned (i.e. 2022-2023). Enter most recent awards first. **DO NOT** list medals and ribbons that are below your top 12 from the JROTC Medals & Ribbons section of this application. (Examples: drill competition individual/team trophies, letters of appreciation or certificates earned for JROTC activities)

Cadet Last Name: Enter last name of cadet at the bottom left of pages other than the first page.

Participation in Your JROTC Unit, Unit Leadership Positions and Roles: Document your participation in your JROTC unit. Enter most recent school year participation first and go back in chronological order.

School Year: Enter in the appropriate school year it was earned (i.e. 2020-2021).

Rank: Identify the rank you held while in this position.

Accomplishment: Summarize your MOST significant accomplishments while in this position and provide position name (example: As the cadet commander my team...). If you received an award for this accomplishment, explain what you did to earn it (be very specific) and use the additional information sheet if needed.

Participation in Activities with The American Legion: If you have participated in activities associated with the American Legion then provide the details in this space. If known enter the post number associated with. Examples may include Veterans and Memorial Day events, parades, events at an American Legion post or Flag Day ceremonies. Legion activities can be associated with The American Legion, American Legion Auxiliary, Sons of the American Legion or American Legion Riders.

Participation in Activities or Organizations other than the JROTC or The American Legion: List any activity you are active in that would not fit into the above sections.

Activity: List the activity or organization you were associated with. List most recent and go back in chronological order.

Office Held: If you held a leadership position for that activity then list it. Examples may include student body government positions, captain of sports team, positions in a church group or FFA. List activities with other veteran organizations here also (VFW, DAV, or SAR are examples).

Accomplishment: Summarize your MOST significant accomplishment while in this position.

Membership in the American Legion Family: If you are a member of the Sons of the American Legion or American Legion Auxiliary then complete the questions asked. If not then leave blank.

What are your Goals after High School: In the space provided, describe what your plans are upon graduating from high school? Do not enter information for this section on any additional information page.

Signatures: The application must be signed by both the cadet and parent or legal guardian to be accepted for award consideration.

Senior Instructor Endorsement: In the space provided the senior instructor will provide written endorsement. Be specific on Americanism and Leadership qualities demonstrated by the cadet in the JROTC unit, school and community. Signature of senior instructor is required.

Additional Information Sheet: If there is not enough space on the application then list additional relevant information on a separate page. Do not list more entries than requested on the application as they won't be scored.

Additional page(s) will have the below information centered at the top of each page:

Additional Information Page ____ of ____ Cadet Rank & Name JROTC Unit

Provide the main section the additional information is for, entry #, and then enter information (example: Participation in Activities with The American Legion - Entry 3)

Award Package Submission

Award package will consist of completed application by cadet, signature of cadet/parent or guardian, endorsement by senior instructor, and full-length photograph (portrait orientation) of cadet in service uniform with current rank and ribbons. Photo should be at least 5" x 7" on photo paper.

Mail application and photograph in large envelope so application and photograph are not folded.

Mail to:

The American Legion Dept of Missouri Attn: ROTC Committee Chairman P.O. Box 179 Jefferson City, MO 65102

Completed awards packages must be received by **June 26, 2023** for consideration.



The American Legion & Scouting

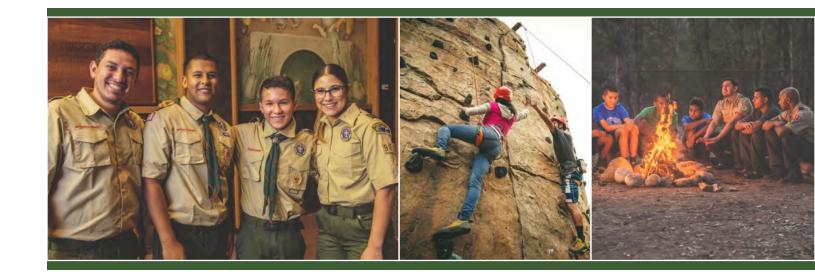


Square Knot

This award is designed to recognize American Legion, American Legion Auxiliary or Sons of The American Legion members who are actively involved in the Scouting program. This award is not meant to be a selective or limited award, but one that is available to any American Legion, American Legion Auxiliary or Sons of The American Legion member who completes the requirements for the award. The award is meant to recognize dedication and work required by an American Legion, American Legion Auxiliary or Sons of The American Legion member to assist in furthering the Scouting program in The American Legion.



The award includes a gold and purple square knot, which may be worn on the Scout uniform. A certificate and congratulatory letter from the national commander of The American Legion are also included as recognition for the award.



To be considered for The American Legion Square Knot, it is expected that American Legion, American Legion Auxiliary or Sons of The American Legion members will work to provide the maximum impact of The American Legion's support of the Scouting program and to achieve maximum visibility.

A. Service

- 1. Be a current member of The American Legion, American Legion Auxiliary or Sons of The American Legion.
- 2. Be a current registered Scouter in a leadership position at the unit, district or council level; or as a Chartered Organizational Representative (COR); or as a district, council, area or regional member-at-large; or as a commissioner at any level.

B. Training

If serving as a unit leader complete five of the following:

- Complete your unit leader Position-Specific (Role-Based) Course (Scoutmaster Position-Specific, Venturing Advisor Position-Specific, Cubmaster and Assistant Cubmaster Position-Specific, or Sea Scout Leader Position-Specific).
- 2. Complete "Youth Protection" training within the past 24 months.
- 3. Complete a certified "First Aid and CPR" certification within the past 24 months through either the American Red Cross or Emergency Care & Safety Institute.
- 4. Earn the Scouter's "Training Award" for your position.
- 5. Complete a Woodbadge, Powderhorn or Seabadge training program.
- 6. Attend a national training conference at either Bechtel Summit's John D. Tickle Training Center, Florida Sea Base or Philmont Training Center.

If serving as a Chartered Organizational Representative (COR), or as a district, council, area or regional member-at-large, or as a Commissioner at any level, complete three of the following:

- Complete the Position-Specific (Role-Based) Course for your position (Commissioner Position Specific Basic Training or Chartered Organization Representative Position Specific Training).
- 2. Complete a Woodbadge training program.
- 3. Complete a council or area specific degree program through the College of Commissioner Science or University of Scouting.
- 4. Attend a regional or area training conference such as the OA National Leadership Seminar or Regional/Area Commissioner Conference.
- 5. Attend a national training conference at either Bechtel Summit's John D. Tickle Training Center, Florida Sea Base or Philmont Training Center.

C. Tenure

1. Serve a total of three consecutive years in a Scouting leadership position at the unit, district or council level; or as a Chartered Organizational Representative (COR); or as a district, council, area or regional member-atlarge; or as a commissioner at any level.

D. Performance

While serving in a Scouting leadership position at the unit, district or council level; or as a Chartered Organizational Representative (COR); or as a district, council, area or regional member-at-large; or as a commissioner at any level, complete a minimum of five of the following:

 Serve a minimum of two years as a Post Chartered Organizational Representative for Scouting or Scouting









unit leader and demonstrate success with your unit(s) in terms of growth in membership.

- 2. Assist your post, district or department to raise funds to support Scouting. Participate with a local BSA district or council friends of scouting fundraising effort.
- 3. Participate as member of a BSA District or council membership/relationships committee and represent The American Legion.
- 4. Assist in organizing or reorganizing a cub pack, Scout troop, sea scout ship or venturing crew chartered by an American Legion post.
- 5. Participate in the Eagle Scout of the Year program at the post, district or department level.
- 6. Make contact with Scout troops and venturing crews in your area through visits, roundtables or other means and solicit their participation in the National High School Oratorical Contest, Junior Shooting Sports Program, Boys State, American Legion Baseball and other Americanism programs and document the results of your efforts.
- Recruit manpower from your post or district to support
 a Scout activity such as a camporee, bicycle rodeo,
 merit badge day or other related event to help further
 American Legion recognition in support of the Scouting program.
- 8. Develop and carry out or participate in an American Legion program to recognize the leaders of Scouting programs in your post, district or department.
- Promote and coordinate the development of a network of department American Legion Scouting Team members to assist in the development of Scouting within The American Legion.
- 10. Earn the Den Leader Training Award or Scouters Training Award.

- 11. Earn the Unit Leader Award of Merit or District Award of Merit.
- 12. Earn any Scouter's Key Award.
- 13. Earn the Distinguished Commissioner Service Award or Commissioner Award of Excellence in Unit Service.

E. Approval

- 1. Submit appropriate documentation (photocopies of membership card, course completion certificates, memorandum/letters signed by Scouting leadership highlighting accomplishments, etc.) in order to fully document the attainment of the requirements as outlined in sections A, B, C and D.
- 2. Obtain the written endorsements of your American Legion post commander, American Legion Auxiliary unit president or Sons of The American Legion squadron commander and the department Scouting chairman, department adjutant and department commander that you have satisfactorily completed the requirements for this award. (A website link to department headquarters addresses can be found on the back of the brochure to assist in obtaining the written endorsements of the department Scouting chairman, department adjutant and department commander.)
- 3. Submit the appropriate documentation and written endorsements to the Americanism Commission online at www.legion.org/scouting.
- 4. Note: Application packets that lack the appropriate documentation or written endorsements will be returned.

F. Awarding Process

The department would arrange for presentation of The American Legion Square Knot, certificate and congratulatory letter at an appropriate place and time.





American Legion department (state) contact information is online: **www.legion.org/departments**



P.O. Box 1055 Indianapolis, IN 46206 (317) 630-1204 scouting@legion.org

⊕ www.legion.org

Follow The American Legion online:

www.legion.org/facebook
twitter.com/AmericanLegion



THE AMERICAN LEGION EAGLE SCOUT OF THE YEAR

NOMINATION FORM

Name:		
Address:	(Street)	
(City)	(State)	(Zip)
Date of birth:		·
Telephone number: (()	
Email:		
Legion post, America		A) unit or Sons of
(Street)		
(City)	(State)	(ZIP)
	units chartered by an L squadron, the affilia must be certified.	
American Legion or A	andchild of a Legionna American Legion Auxi complete the followi	iary member?
(Name of Member)		
(Relationship)	(Membership No.)	



Eligibility Requirements

THE NOMINEE MUST:

 Be either a registered active member of a Boy Scouts of America unit that is chartered to an American Legion post, American Legion Auxiliary unit or Sons of The American Legion squadron.

OR

 Be a registered active member of any chartered Boy Scouts of America unit and have a parent or grandparent possessing up-to-date membership in The American Legion or Sons of The American Legion or American Legion Auxiliary, and in the case of a recently deceased member, their membership for the year immediately prior to the current year may be used.

AND

- Received the Eagle Scout Award.
- Received a Scouts BSA or Venturer Religious Emblem.
- Have demonstrated practical citizenship in church, school, Scouting and community.
- Have reached their 15th birthday and be enrolled in high school at the time of selection.
- Applied through the department (state) in which their Scout unit is chartered.
- Provide documentation of current BSA membership. (Membership must be valid for the year in which you are applying.)

APPLICANTS: DO NOT SEND THIS APPLICATION DIRECTLY TO NATIONAL HEADQUARTERS. SUBMIT TO YOUR AMERICAN LEGION DEPARTMENT (STATE) HEADQUARTERS.



THE AMERICAN LEGION EAGLE SCOUT OF THE YEAR

NOMINATION INSTRUCTIONS



The Scout who best meets the qualifications outlined in the nomination application will be selected as the annual American Legion Eagle Scout of the Year by the National Americanism Commission.

Each year the American Legion Eagle Scout of the Year will travel to join the youth champion delegation of The American Legion for participation in the annual National Convention of The American Legion.

Scholarships

The American Legion provides for a national scholarship to be awarded to the Eagle Scout who is selected The American Legion Eagle Scout of the Year.

The American Legion Eagle Scout of the Year will receive a \$10,000 scholarship. Three runner-up scholarship awards will be granted in the amount of \$2,500 each.

The scholarship recipients will be eligible to receive their scholarship immediately upon graduation from high school (public, parochial, military, private, or home school) and must utilize the total award within four years of their graduation date, excluding active military duty or religious mission.

The scholarship may be used to attend a school selected by the student provided it is state accredited, above the high school level, and within the continental limits of the United States, except in the case where the student may be from a possession of the United States, in which case the student can select a school in that possession or in the continental United States.

Disbursement from the scholarship fund will be made jointly to the student and the school at the beginning of each semester or quarter. **Only one request will be honored per semester or quarter.**

DO NOT SEND THIS APPLICATION DIRECTLY TO NATIONAL HEADQUARTERS.

Applicant should type or print all information.

Applicant should type or print all information.							
Section A – High School Record							
Note: Please attach a copy of your official high school transcript.							
Grade: Name of high school:							
Grade point average: In	upper	% of class. Nu	mber in class:				
On one additional page (500 words) list recognition received. And include a copy of			h school and also list awards, honors and				
Note: The screening committee will only consider informat	ion provided on the fire	st page of Attachment A if	more than one page is submitted.				
	Saction B. G	Secution Bosova					
Note: This section will be reviewed closely by the selection con		Scouting Record					
Total missection will be rememed about 99 the selection con	Years	Unit No.	Sponsor				
Cub Scout							
Scouts BSA							
Venturing Crew							
Eagle Award Received:	Palms:						

Section B - Scouting Record (continued)

On **two additional pages (1,000 words total)** (1) List leadership positions held in your Cub Scout Pack, Scouts BSA Troop, Varsity Scout Team, and/or Venturing Crew; (2) List other Scouting activities you may have participated in (Jamborees, Order of the Arrow Conferences, etc.).

Note: The screening committee will only consider information provided on the first two pages of Attachment B if more than two pages are submitted.

Section B1 – Eagle Scout Project

On two additional pages (1,000 words total) succinctly describe your Eagle Scout Project.

Note: The screening committee will only consider information provided on the first two pages of Attachment B1 if more than two pages are submitted.

Section C – Community Participation Record

On **one additional page (500 words)** list community organizations in which you have held membership **excluding high school and Scouting.** Additionally list other activities that you were involved with that directly or indirectly improved life in your community.

Note: The screening committee will only consider information provided on the first page of Attachment C if more than one page is submitted.

Section D – Religious Award
Denomination: Name of Religious Institution:
Name of BSA Religious Emblem (Award) Received:
Month and Year Received:
On one additional page (500 words) list religious youth organizations, clubs, groups that you have been involved in, to include honors awarded and offices held.
Note: The screening committee will only consider information provided on the first page of Attachment D if more than one page is submitted.
Section E – Career Interests
On one additional page (500 words) describe your career interests and/or goals. The selection committee realizes that in many cases, applicants will not have decided on career goals; however, complete this section to the best of your ability.
Note: The screening committee will only consider information provided on the first page of Attachment E if more than one page is submitted.
Section F – Letters of Recommendation and Testimony
One letter each from your religious institution, school, your community and Scouting must be included. Two additional letters of recommendation and testimony may also be included. Please keep in mind that the letters of recommendation are an important part of this application and will be carefully reviewed by the screening committee.
Note: The screening committee will only consider the four required letters and the two additional letters of recommendation of Attachment F if more than the six required letters of recommendation are submitted. Letters of recommendation will be limited to one page.
Authorization
CERTIFICATION BY EAGLE SCOUT
I certify to the accuracy of the foregoing facts. If selected, I will be free to travel to The American Legion National Convention and participate as a member of the youth champion delegation, representing The American Legion and the Boy Scouts of America.
SIGNATURE OF EAGLE SCOUT: DATE:
PARENTAL CONSENT
I hereby certify that the information on this application pertaining to my Scout's age and grade in school is correct. I am willing and desirous that my Scout become The American Legion Eagle Scout of the Year. In consideration of the benefits derived from this honor, if selected, I hereby voluntarily waive any, and all, claims against The American Legion and the Boy Scouts of America totally and all representatives there-

SIGNATURE OF PARENT OR GUARDIAN: __

DATE: __

Authorization (continued)

SCOUT UNIT LEADER

The above named applicant is qualified in every respect to represent The American Legion and the Boy Somendation.	couts of America, and has our recom-
SIGNATURE OF SCOUT UNIT LEADER:	DATE:
AMERICAN LEGION SELECTION COMMITTEE APPROVAL	
DEPARTMENT ADJUTANT/SCOUT CHAIRMAN SIGNATURE:	DATE:
NUMBER OF APPLICATIONS REVIEWED BY DEPARTMENT SELECTION COMMITTEE:	

Selection Process

DEPARTMENT

- Nominations must be received by department headquarters no later than March 1.
- The application judged best in the department and a list of the members of the Department Selection Committee should be emailed to: americanism@legion.org, Subject: Eagle Scout of the Year Nomination.
- For additional information, applicants should contact their department headquarters.
- · Please be sure that the application packet is complete upon receipt. Missing documentation will not be requested.

NATIONAL

- Nominations must be received by national headquarters no later than April 1.
- The National Americanism Commission's Youth Activities Subcommittee will review all department nominations, and, in their judgment, select The American Legion Eagle Scout of the Year.

ANNOUNCEMENT OF FINALIST

The selection will be announced in the Americanism Commission report to the National Executive Committee during The American Legion's annual Spring Meetings in Indianapolis, each May.



P.O. Box 1055 Indianapolis, IN 46206 (317) 630-1203 americanism@legion.org

@ legion.org

Follow The American Legion online:

♠ legion.org/facebook
★ twitter.com/AmericanLegion

Stock #22-002 Artwork #16ACY1021



★ DEPARTMENT OF MISSOURI, INC. ★ PO BOX 179 ★ JEFFERSON CITY, MISSOURI 65102-0179 ★ ★ (573) 893-2353 ★ (800) 846-9023 ★ FAX (573) 893-2980 ★

★ E-MAIL: info@missourilegion.org ★ WEBSITE: www.missourilegion.org ★

TO:

For God and Country

District Commanders, District Chairmen, and Post Adjutants

FROM:

Lloyd Miller, Chairman State Youth in Government

SUBJECT:

Thirty-Fifth Annual Missouri State Youth in Government Day

DATE:

November 1, 2022

The 35th Annual State Youth in Government Day Program is scheduled for **April 11**, **2023**, at the Missouri State Capitol. A busy schedule is planned for the day.

9:00 a.m. - Registration --- Roscoe Enloe Post 5

9:45 a.m. Tour Missouri Senate with Senator Mike Berskoetter

12:00 p.m. Luncheon - Roscoe Enloe Post 5 with Guest Speaker to be determined

2:30 p.m. -- Visit Supreme Court * With the exception of cameras, absolutely no electronic devices permitted. Cell phones, pagers, games should remain in your mode of transportation or at home.

ALL EVENTS AND TIMES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

All participants and chaperones should report to the Roscoe Enloe Post 5, 1423 Tanner Bridge Rd, Jefferson City, at 9:00 a.m. for registration. Sponsor packets containing nametags, certificates, and a map The Missouri State Capital and the Supreme Court will be distributed at that time. Should your guest list change after being submitted to Department Headquarters it is important you contact Theresa Boss by phone, 800-846-9023, or send e-mail to services@missourilegion.org to advise her of any changes.

Registration forms must be submitted to your District Commander/Chairman by **March 15, 2023.** This list must include all Legionnaires, Auxiliary Members, Chaperones, Teachers and Students attending. Please include \$15.00 per person for the luncheon with your list of names. Don't forget to include bus drivers.

District Commanders/Chairman should submit their list and luncheon money to Department Headquarters **no later than March 25, 2023,** to meet deadlines for preparing necessary packets and luncheon arrangements.

Any questions you may have should be directed to your District Commander/Chairman.

Please encourage all schools to participate in this program.



★ DEPARTMENT OF MISSOURI, INC. ★ PO BOX 179 ★ JEFFERSON CITY, MISSOURI 65102-0179 ★ (573) 893-2353 ★ (800) 846-9023 ★ FAX (573) 893-2980 ★

★ E-MAIL: info@missourilegion.org ★ WEBSITE: www.missourilegion.org ★

To:

All Missouri High Schools

From:

The Department of Missouri American Legion

Subject:

Missouri State Youth Government Day

It is time to begin planning of our 35th Annual Missouri State Youth Government Day, conducted at the Missouri State Capitol and the American Legion Roscoe Enloe Post 5. The 2023 State Youth Government Day will be held on **April 11, 2023**.

Our Purpose is to provide Missouri youth with the opportunity to witness their state government in action. Never in the history of the world has there been a greater need for highly educated and involved students of Democracy than now. With this in mind, The American Legion is proving a forum allowing young adults to participate in the governmental process with officials of the three branches of government.

The American Legions State Government Day should not detract from any other organization's Government Day but should be an additive so increased youth involvement will result. Organizations wishing to participate should contact their local American Legion Post.

SCHEDULE

9:00 a.m. — REGISTRATION Roscoe Enloe Post 5

9:45 a.m.— Tour Missouri Senate
With Senator Mike Bernskoetter
After the tour, feel free to listen to any
debates that may be going on or tour
the Missouri State Capitol

12:00 p.m. – LUNCHEON Roscoe Enloe Post 5 Speaker to be determined

2:30 p.m.— SUPREME COURT VISIT 207 West High Street



Thank you for participating in this memorable day.

Wishing you success in all your future endeavors and a safe trip home.

~The American Legion State Youth Government Committee



The American Legion
Department of Missouri
P.O. Box 179
Jefferson City, MO 65101-0179
573-893-2353
800-846-9023



Missouri State Youth Government Day





Conducted at the Missouri State Capitol and The American Legion Roscoe Enloe Post 5

April 11, 2023

An Americanism Activity Of The American Legion Department of Missouri





In Memoriam

The State Youth Government Day Program is a result of the efforts of the late Lawrence F. Bonderer, Past Commander of Vern R. Glick Post 25, The American Legion, Chillicothe, Missouri.

Commander Bonderer's tragic death occurred just days before the first State Youth Government Day held in April 1988. In appreciative memory, a Resolution was unanimously adopted during the 1988 Department Convention naming the program for him.



Purpose

Our purpose is to provide Missouri youth with the opportunity to witness their state government in action. Never in the history of the world has there been a greater need for highly educated and involved students of Democracy than now. With this in mind, The American Legion providing a forum allowing young adults to participate in the governmental process with officials of the three branches of government. The heritage of freedom, liberty, and justice gained through the sacrifices of our forefathers cannot be lost taken for nor aranted through complacency. We, the people, must make every effort to insure understanding and dedication to these principles.



We hope that the young men and women who participate in State Youth Government Day will witness the professionalism and dedication of our government officials in action and will have their pride in America strengthened.

The American Legion's State Government Day should not detract from any other organization's Government Day, but should be an additive so increased youth involvement will result. Organizations wishing to participate should contact their local American Legion Post.



THE AMERICAN LEGION

STATE YOUTH GOVERNMENT DAY DISTRICT CONTACTS

DISTRICT 1

Terry McCameron, Chairman 18073 Monroe Road 851 Paris MO 65275 573-931-1239 Outdoorsman117@yahoo.com

District 1 counties include: Schuyler, Scotland, Ralls, Clark, Adair, Knox, Lewis, Macon, Shelby Marion, Monroe

DISTRICT 2

Phyllis Campbell, Chairman 3112 County Road 1140 Clifton Hill, MO 65244 660-261-4218 tom@cvalley.net

District 2 counties include: Mercer, Putnam, Grundy, Sullivan, Livingston, Linn, Carroll, Chariton, Randolph

DISTRICT 3

Edward A. Weaverling,
Chairman
101 E Samuel St.
Hamilton, MO 64644
816-805-2319
edwardweaverling@centurytel.net

District 3 counties include: Worth, Harrison, Gentry, Daviess, Dekalb, Caldwell, Clinton, Clay, Ray

DISTRICT 4

Jim McCall, Chairman 6118 NW Pine Ridge Circle Parkville, MO 64152 816-803-1846 Jmccall411@yahoo.com

District 4 counties include: Atchison, Nodaway, Holt, Andrew, Buchanan, Platte

DISTRICT 5

Michele Batliner, Chairman 15013 E 46th St. S Independence, MO 64055 816-315-9229 mbatliner@att.net

District 5 - Jackson County

DISTRICT 6

Gerald Seelinger, Chairman 705 Shamrock Ln. Warrensburg, MO 64093 660-238-0994 seelinger@gmail.com

District 6 counties include: Cass, Johnson, Bates, Henry St. Clair, Vernon, Cedar

DISTRICT 7

Stephen J. Olson, Chairman 423 E North St Marshall MO 65340 660-831-0982

Stephen.j.olson@hotmail.com

District 7 counties include: Lafayette, Saline, Howard, Pettis, Benton, Hickory

DISTRICT 8

Christine Sapp, Chairman 608 Appaloosa Dr Ashland, MO 65010 573-469-3461 Csapp88130@gmail.com

District 8 counties include: Cooper, Boone, Morgan, Moniteau, Cole, Callaway, Osage, Miller, Camden

THE AMERICAN LEGION STATE YOUTH GOVERNMENT DAY DISTRICT CONTACTS

DISTRICT 9

James "Fred" Arflack 623 Glory Lane Union, MO 63084 314-341-0184 Fredarflack@vahoo.com

District 9 counties include: Pike, Audrain, Lincoln Montgomery, Warren, St. Charles, Gasconade, Franklin

DISTRICT 10

James Christman, Chairman 1384 Westbrooke Meadows Ln Ballwin, MO 63021 314-779-8431 Jimchristman1484@gmail.com

District 10 - St. Louis County

DISTRICT 11 / 12

Darlene Coats, Chairman 5389 Wells Ave St. Louis, MO 63112 314-477-6841 darlenecoats@sbcglobal.net

District 11 / 12 - St. Louis City

DISTRICT 13

Duane DeClue, Chairman 108 Virginia Ave Crystal City MO 63019 636-208-9097 duanedeclue@earthlink.net

District 13 counties include: Jefferson, Washington, Iron St. Francois, Ste. Genevieve, Madison, Reynolds, Wayne, Perry

DISTRICT 14

Tom Giles, Chairman 2720 Jewell Dr Cape Girardeau, MO 63703 573-335-0513 Tagiles8292@gmail.com

District 14 counties include: Cape Girardeau, Carter, Ripley, Butler, Bollinger, Stoddard, Scott, Mississippi, Dunklin, New Madrid, Pemiscot

DISTRICT 15

Mark Maples, Chairman 14074 LAW 2160 Mount Vernon, MO 65712 417-440-9337 stevenmmaples@gmail.com

District 15 counties include: Barton, Dade, Jasper, Lawrence, Newton, Barry, McDonald

DISTRICT 16

David Shafer, Chairman 14325 Camden Ln Dixon MO 65459 573-759-6874 shaferde@windstream.net

District 16 counties include: Maries, Pulaski, Phelps, Crawford, Oregon, Laclede, Texas, Dent, Wright, Shannon, Howell

DISTRICT 17

Mark W. Reed, Chairman 27494 Crow Lane Flemington MO 65650 417-234-9390 Markwr45@yahoo.com

District 17 counties include: Polk, Dallas, Greene, Webster, Christian, Douglas, Stone, Taney, Ozark (Submit to District Commander/Chairman by March 15, 2023)

DISTRICT	DISTRICT COMMANDER / CHAIRMAN NAME					
E-MAIL ADDRESS			PHONE NUMBER			· HOME
						o CELL
NAME		TITLE i.e. Commander, Member, President, Teacher		JAD / UNIT / IOOL	CEL	L PHONE tant for Dept. Staff
TOTAL NUMBER ATTENDING						
LUNCHEON BUFFET @ ROSCOE ENLOE PO	OST 5 \$15.00/PE	RSON	Payment Enclosed	TOTAL AMOUNT		

(Submit to District Commander/Chairman by March 15. 2023)

DISTRICT	DISTRICT COMMANDER / CHAIRMAN NAME			
E-MAIL ADDRESS		PHONE NUMBER	o HOME	
			o CELL	

		TITLE T - Teacher	TEACHER'S CELL PHONE
PARTICIPANT'S NAME	SCHOOL NAME	S - Student D -Bus Driver	IMPORTANT - TO NOTIFY YOU OF CHANGES WHEN ENROUTE
	TOTAL NUMBER	ATTENDING	
Payment arranged by	(Post or Dist.) o Paymo	ent Enclosed	
LUNCHEON BUFFET @ ROSCOE ENL	LOE POST 5 IS \$15.00/PERSON TOTAL AMO	UNT	

(COPY / ATTACH ADDITIONAL SHEETS AS NECESSARY)

		TITLE	TEACHER'S CELL PHONE
		T -Teacher S -Student	
PARTICIPANT'S NAME	SCHOOL NAME	D -Driver	IMPORTANT - TO NOTIFY YOU OF CHANGES WHEN ENROUTE



ANNOUNCING 2023 SCHOLARSHIP PROGRAMS

Basic Criteria for Scholarship Awards

The student must be a resident of Missouri. Applicants must be under the age of 21, unmarried and a descendant* of a veteran with at least ninety days active service in the U. S. Army, Navy, Air Force, Marines or Coast Guard, who received an Honorable Discharge for such service. A photocopy of the veteran's DD 214, discharge or separation notice must accompany the scholarship application. Any additional requirements for each scholarship are on the reverse side of the application.

Lillie Lois Ford Scholarship Fund - Two awards of \$1,000 each are given each year. A boy who has attended The American Legion Boys State of Missouri or a full session of the Department's Cadet Patrol Academy. The second award is given to a girl who has attended The American Legion Auxiliary's Girls State program or a full session of the Department's Cadet Patrol Academy.

<u>M.D. "Jack" Murphy Memorial Nurses Training Fund</u> - Currently one \$1,000 award is given each year, and may, by application, be extended for a second year. This award is available to a Missouri boy or girl training to be a Registered Nurse, and may be used in their freshman or subsequent college years. The student must have graduated in the top forty percent of their high school class or have a "C" or equivalent standing from their last college or university semester.

Joseph J. Frank Scholarship – Five awards of \$750.00 are given annually to individuals who are descendants of a veteran. Applicant must have attended the 2022 session of The American Legion Boys State or The American Legion Auxiliary Girls State program. Applicants must be unmarried, under the age of 21, a current resident of the state of Missouri and must use the scholarship as a full time student in an accredited college or university.

<u>Charles L. Bacon Memorial Scholarship</u> - Two awards of \$750.00 are given annually in memory of the first Missourian to serve as National Commander of The American Legion. Eligible are individuals who are currently members of The American Legion, the American Legion Auxiliary, or the Sons of The American Legion, or a descendant* of a member of any thereof. Applicants must be unmarried, a resident of Missouri, under the age of 21, and must use the scholarship as a full-time student in an accredited college or university and.

Erman W. Taylor Memorial Scholarship - Two \$750.00 awards are given annually to a student planning on obtaining a degree in education, in honor of this Past National Executive

The American Legion

Committeeman from Missouri. To be eligible, individuals must: (1) be a descendant* of a veteran who served 90 or more days of active duty in the armed forces and having an honorable discharge; (2) be a Missouri resident; (3) use the award as a full-time student at an accredited college or university; (4) provide a copy of the discharge certificate for the veteran on whose the application is made; and (6) submit an essay of 500 words or less on the subject In your opinion, what was the most significant world event of this past year?

Shane Dean Voyles Memorial Scholarship - One \$750.00 award will be awarded, annually. (1) Each school in the State of Missouri may nominate **one** student to be considered for the award. (2) The nominee will be selected on athletic, scholastic and leadership abilities. The nominee should be deeply involved in community and school activities. (4) Must use the award as a full-time student at an accredited college or university.

Missouri Detachment, Sons of the American Legion Scholarship — One award of \$500 is given annually to a student who is a member of the Sons of the American Legion or of the Junior Auxiliary of the American Legion. The student must complete an essay on the topic "What being a member of the American Legion Family means to me."

Direct <u>all questions</u> concerning scholarships to:
Mr. John Buckwalter, Chair
Education and Scholarship Committee
(660) 626-3626

Completed applications should be mailed <u>no later than April 20, 2023</u> to:
The American Legion Department of Missouri, Inc.
Attn: Education and Scholarship Committee
P.O. Box 179
Jefferson City, MO 65102-0179

*ATTENTION HIGH SCHOOL COUNSELORS *

Scholarship applications <u>may be reproduced</u> as necessary.

Copies of the scholarship applications may also be obtained on the web at
<u>www.missourilegion.org</u>

Some applications require that a counselor's statement be attached.

THE AMERICAN LEGION DEPARTMENT OF MISSOURI SCHOLARSHIP AWARD APPLICATION

Charles L. Bacon Memorial Scholarship

(Must be typewritten or printed legibly) Full name of applicant				
Complete Address				
Phone # Home ()		Work	()	
Date of Birth	Graduation Date			SAT/ACT Score
This application is based on the membership of Sons of The American Legion Member, or a d	_	-	_	n Member, Auxiliary Member,
Legion Family Members Full Name				Membership Number
American Legion Post Number or	Legion Auxiliary U	nit Number	or	S.A.L. Squadron Number
Family combined gross annual income				
Number of children under 18 in the family				
Name and complete address of High School				
Applicant's signature certifies that he / s conditions. Applicant's signature certifies that he / s Committee; John Buckwalter, Mark Reed, Applicant's signature grants The Ameri likeness to publicize the Scholarship Progra	she is not related to a Alex Slocum, Rober ican Legion Departm	any member t Maddox, o	of the re	eviewing Education and Scholarship
Applicant's signature	Date _			
This application for scholarship aid	is being submitte	d with my	knowl	edge and approval.
	ъ.			
Signature of Parent / Guardian	Date			
All inquiries should be directed to: N	Mr. John Buckwa	ılter, Chai	r (660)	626-3626
Letter will notify recipients after Jul	ly 1, 2023.			

Completed application should be mailed no later than April 20, 2023 to:

The American Legion Department of Missouri, Inc.

Attn: Education and Scholarship Committee P.O. Box 179

Jefferson City MO 65102-0179

Please read carefully and follow all eligibility requirements on reverse.

Charles L. Bacon Memorial Scholarship - Two recipients \$750.00 each.

The \$750.00 scholarship award will be paid at the beginning of the student's first semester at their college of choice. Registrar's certification of enrollment is required before payment will be made. A check will be issued to joint payees, the recipient and the Scholarship and Awards Officer or equivalent official at the school.

Basis for Eligibility:

- 1. Must be a member of The American Legion Family, i.e., Legion Member, Auxiliary Member, S.A.L. Member, or a descendant* of any member thereof.
- 2. Be a resident of the state of Missouri.
- 3. An unmarried dependent under the age of 21.
- 4. Must be attending an accredited college / university as a full-time student.
- 5. Consideration for scholarship will be determined annually for high school graduates in NEED of financial aid to attend a college / university.
- 6. Scholarship must be used the first fall semester of a college / university following graduation from high school.
- (*) **DEFINITION OF "DESCENDANT":** Any child, grandchild or great grandchild of a veteran who is unmarried and under the age of 21 and is (1) A legitimate child. (2) A child legally adopted. (3) A stepchild of and living in the veteran's home. (4) An illegitimate child (when necessary proof of relationship is provided).

This scholarship application may be obtained on the web at www.missourilegion.org

THE AMERICAN LEGION DEPARTMENT OF MISSOURI SCHOLARSHIP AWARD APPLICATION

COMMANDER'S SCHOLARSHIP

(Must be typewritten or p	rinted	legibly)		
Full name of applicant				
Complete mailing addre	SS			
Phone # Home	()	Phone #	¹ Work	()
Date and place of birth				
Name of Institution Atte	ending			
Address of Institution				
Year in College		Marital status	Number	of dependants
Combined Gross Annua	l Incon	ne (not taxable income)	Are	you using the GI Bill?
Are you a member of Tl	ne Ame	rican Legion?	If y	yes, Post #
attending.	-	l be in accordance with the f		•
conditions.				
Applicant's signature cer	tifies th	at he / she is not related to any m	nember of the re	eviewing Education and
Scholarship Committee; Joh	n Bucky	valter, Mark Reed, Alex Slocum	, Robert Maddo	ox, or A.J. Noonan.
Applicant's signature gra and / or likeness to publicize		American Legion Department of olarship Program.	of Missouri the	right to use applicant's name
Applicants signature			Date	
All inquiries should be	directe	d to Mr. John Buckwalter,	Chair (660)	626-3626
Letter will notify recipie	ents aft	ter July 1, 2023.		

Completed application should be mailed no later than April 20, 2023 to:

 ${\bf The\ American\ Legion\ Department\ of\ Missouri,\ Inc.}$

Attn: Education and Scholarship Committee P.O. Box 179

Jefferson City MO 65102-0179

Two \$1000.00 Scholarships will be awarded annually to eligible veterans who are currently or planning to attend a vocational technical college, college or university in the state of Missouri. The Education and Scholarship Committee of The American Legion, Department of Missouri will determine the recipients of the scholarship.

Basis for eligibility:

- 1. Applicant must have served in the U.S. Army, Navy, Marines, Air Force, Space Force, or Coast Guard for a minimum of 90 days and received an Honorable Discharge. Photocopy of DD-214, Discharge or Separation papers must be included with application.
- 2. Applicant must be enrolled or accepted, as a full time student, in an accredited vocational technical college, college or university in the state of Missouri. A letter verifying enrollment or acceptance from the institution must be attached to application.
- 3. Applicant must be a resident of the state of Missouri.
- 4. The scholarship must be used the following semester after it is awarded.

The scholarship award will be paid at the beginning of the student's first semester at their college of choice. Registrar's certification of enrollment is required before payment will be made. A check will be issued to joint payees, the recipient and the Scholarship and Awards Officer or equivalent official at the school.

Please direct questions concerning the scholarship to Mr. John Buckwalter. Phone (660) 626-3626.

Completed application and supporting documentation should be submitted by April 20, 2023.

THE AMERICAN LEGION DEPARTMENT OF MISSOURI SCHOLARSHIP AWARD APPLICATION

Erman W. Taylor Memorial Scholarship

(Must be typewritten or printed Full name of applicant	l legibly)				
Complete Address					
Phone # Home ()		Work	()	
Date of Birth	Graduation Date				SAT/ACT Score
* Full name of (veteran) and you	relationship i.e.; parent, grandpa	arent or great	t grand	pare	ent
*Name		*Relation	ship		
Family combined gross annual i	ncome				
Number of children under 18 in	the family				
Name and complete address of l	High School				_
Attach typewritten essay o	of 500 words or less.				
In your opinion, what was	the most significant event	t of the na	st ves	ar?	
conditions. Applicant's signature certific Committee; John Buckwalter, I	es that he / she is not related to Mark Reed, Alex Slocum, Robe	any membe ert Maddox,	er of th	e re	
Applicant's signature grants	The American Legion Departm	ent of Misso	ouri th	e rig	ght to use applicant's name and / or
likeness to publicize the Schola	rship Program.				
	Date				
Applicant's signature					
This application for schola	arship aid is being submit	ted with n	ıy kn	owl	edge and approval.
	Date	:			
Signature of Parent / Guar	dian				
All inquiries should be dir	ected to: Mr. John Buckw	valter, Cha	airma	an (660) 626-3626
Letter will notify recipient	s after July 1, 2023.				

Completed application should be mailed no later than April 20, 2023 to:

The American Legion Department of Missouri, Inc.

Attn: Education and Scholarship Committee

P.O. Box 179

Jefferson City MO 65102-0179

Erman W. Taylor Americanism Scholarship -Three recipients of \$750.00 each

The \$750.00 scholarship award will be paid at the beginning of the student's first semester at their college of choice. Registrar's certification of enrollment is required before payment will be made. A check will be issued to joint payees, the recipient and the Scholarship and Awards Officer or equivalent official at the school.

Basis for Eligibility:

- 1. Must be the descendent* of a veteran having served 90 days on active duty in the Army, Air Force, Space Force, Navy, Marine Corps or Coast Guard of the United States, and having an honorable discharge. A copy of the veteran's discharge or separation notice must be submitted with application. The copy must show the date the veteran entered service and the date the veteran left service
- 2. Be a resident of the state of Missouri.
- 3. Consideration for scholarship will be determined annually for high school graduates in NEED of financial aid to attend a college / university.
- 4. Student must be planning to major in education. **A counselor's statement must be attached.** The counselor's statement should be on school letterhead, attest to the student's ability and desire to major in education or a related field, and must be signed by the school counselor.
- 5. Scholarship must be used the first fall semester of a college / university following graduation from high school.
- (*) **DEFINITION OF "DESCENDANT":** Any child, grandchild or great grandchild of a veteran who is unmarried and under the age of 21 and is (1) A legitimate child. (2) A child legally adopted. (3) A stepchild of and living in the veteran's home. (4) An illegitimate child (when necessary proof of relationship is provided).

THE AMERICAN LEGION DEPARTMENT OF MISSOURI SCHOLARSHIP AWARD APPLICATION

Joseph J. Frank Scholarship

nditions. Applicant's signal s	ature certifies to uckwalter, Mature grants The the Scholarshature ature	hat he / she is not related to rk Reed, Alex Slocum, Robe e American Legion Departn ip Program.	any member of the reviewing Education and Scholarship ert Maddox, or A.J. Noonan. nent of Missouri the right to use applicant's name and / or Date ted with my knowledge and approval. Date
nditions. Applicant's signal mmittee; John B Applicant's signal eness to publicize	ature certifies t uckwalter, Ma ture grants Th e the Scholarsh	hat he / she is not related to rk Reed, Alex Slocum, Robe e American Legion Departn ip Program.	ert Maddox, or A.J. Noonan. nent of Missouri the right to use applicant's name and / or Date
nditions. Applicant's signa ommittee; John B Applicant's signa eness to publiciza	ature certifies t uckwalter, Ma ture grants Th e the Scholarsh	hat he / she is not related to rk Reed, Alex Slocum, Robe e American Legion Departn	ert Maddox, or A.J. Noonan. nent of Missouri the right to use applicant's name and / or
nditions. Applicant's signa ommittee; John B Applicant's signa eness to publiciza	ature certifies t uckwalter, Ma ture grants Th e the Scholarsh	hat he / she is not related to rk Reed, Alex Slocum, Robe e American Legion Departn	ert Maddox, or A.J. Noonan. nent of Missouri the right to use applicant's name and / or
nditions. Applicant's signa ommittee; John B Applicant's signa	ature certifies t uckwalter, Ma ture grants Th	hat he / she is not related to rk Reed, Alex Slocum, Robe e American Legion Departn	ert Maddox, or A.J. Noonan.
nditions. Applicant's signa ommittee; John B Applicant's signa	ature certifies t uckwalter, Ma ture grants Th	hat he / she is not related to rk Reed, Alex Slocum, Robe e American Legion Departn	ert Maddox, or A.J. Noonan.
nditions. Applicant's signa ommittee; John B	ature certifies t uckwalter, Ma	hat he / she is not related to rk Reed, Alex Slocum, Robe	ert Maddox, or A.J. Noonan.
nditions. Applicant's signa	ature certifies t	hat he / she is not related to	•
Annlicant's sign	attite cartities	tnat ne / sne understands scl	holarship eligibility requirements and will adhere to its
•	•	r have you participated in?	Attach an additional sheet if necessary.
-	_		
Tame and complete		<u> </u>	
annry combined g Jumber of childrer			
amily combined g	ross annual inco	ome	
Name			*Relationship
Full name of (veter	ran) and your re	lationship i.e.; parent, grandpa	
atrol		-	
ear applicant atte	nded Missouri E	Boys / Girls State/Cadet	
and Or Dillil		OTRIBITION LISTA	SAT/ACT Score
Date of Birth	·	Graduation Date	WOIK ()
Complete Address thone # Home Date of Birth	()	Conduction Det	Work ()

All inquiries should be directed to Mr. John Buckwalter, Chair (660) 626-3626 Letter will notify recipients after July 1, 2023.

Completed application should be mailed no later than April 20, 2023 to:

The American Legion Department of Missouri, Inc.

Attn: Education and Scholarship Committee

P.O. Box 179

Jefferson City MO 65102-0179

Joseph J. Frank Scholarship - Five awards of \$750.00 each.

The \$750.00 scholarship award will be paid at the beginning of the student's first semester at their college of choice. Registrar's certification of enrollment is required before payment will be made. A check will be issued to joint payees, the recipient and the Scholarship and Awards Officer or equivalent official at the school.

Basis for Eligibility:

- 1. One boy who has attended a full session of Missouri Boys State or Missouri Cadet Patrol and one girl who has attended a full session of Missouri Girls State or Missouri Cadet Patrol.
- 2. Must be the descendent* of a veteran having served 90 days on active duty in the Army, Air Force, Navy, Marine Corps, Space Force, or Coast Guard of the United States, and having an honorable discharge. A copy of the veteran's discharge or separation notice must be submitted with the application. The copy must show the date the veteran entered service and the date the veteran left service.
- 3. Be a resident of the state of Missouri.
- 4. An unmarried dependent under the age of 21.
- 5. Must be attending an accredited college / university as a full-time student.
- 6. Consideration for scholarship will be determined annually for high school graduates in NEED of financial aid to attend a college / university.
- 7. Scholarship must be used the first fall semester of a college / university following graduation from high school.
- (*) **DEFINITION OF "DESCENDANT":** Any child, grandchild or great grandchild of a veteran who is unmarried and under the age of 21 and is (1) A legitimate child. (2) A child legally adopted. (3) A stepchild of and living in the veteran's home. (4) An illegitimate child (when necessary proof of relationship is provided).

THE AMERICAN LEGION DEPARTMENT OF MISSOURI SCHOLARSHIP AWARD APPLICATION

Lillie Lois Ford Scholarship Fund

(Must be typewritten or printed legibly) Full name of applicant		
Complete Address		
Phone # Home ()	Work ()	
Date and Place of Birth	Graduation Date	SAT/ACT Score
Year applicant attended Missouri Boys State/Gir	ls State or Cadet Patrol Academy	
* Full name of (veteran) and your relationship i.e	.; parent, grandparent or great grandparent	
*Name	*Relationship	
Family combined gross annual income Number of children under 18 in the family Name and complete address of High School		
What community activities do you or have you pa	articipated in? Attach an additional sheet i	f necessary.
Applicant's signature certifies that he / she conditions.	understands scholarship eligibility requiremen	nts and will adhere to its
Applicant's signature certifies that he / she is n	not related to any member of the reviewing Ed	ucation and Scholarship
Committee; John Buckwalter, Mark Reed, Ale	ex Slocum, Robert Maddox, or A.J. Noonan.	
Applicant's signature grants The American I	Legion Department of Missouri the right to us	e applicant's name and / or
likeness to publicize the Scholarship Program.		
	Date	_
Applicant's signature		
This application for scholarship aid is	being submitted with my knowledge ar	nd approval.
	Date	
Signature of Parent / Guardian		
All inquiries should be directed to: Mr	John Ruckwalter Chair (660) 626-34	526

All inquiries should be directed to: Mr. John Buckwalter, Chair (660) 626-3626 Letter will notify recipients after July 1, 2023.

Completed application should be mailed no later than April 20, 2023 to:

 $\label{thm:condition} \textbf{The American Legion Department of Missouri, Inc.}$

Attn: Education and Scholarship Committee

P.O. Box 179

Jefferson City MO 65102-0179

Lillie Lois Ford Scholarship Fund-Two recipients of \$1,000.00

The \$1,000.00 scholarship award will be paid at the beginning of the student's first semester at their college of choice. Registrar's certification of enrollment is required before payment will be made. A check will be issued to joint payees, the recipient and the Scholarship and Awards Officer or equivalent official at the school.

Basis for Eligibility:

- 1. One boy who has attended a full session of Missouri Boys State or Missouri Cadet Patrol.
- 2. One girl who has attended a full session of Missouri Girls State or Missouri Cadet Patrol.
- 3. Must be the descendent* of a veteran having served 90 days on active duty in the Army, Air Force, Navy, Marine Corps, Space Force or Coast Guard of the United States, and having an honorable discharge. A copy of the veteran's discharge or separation notice must be submitted with application.

The copy must show the date the veteran entered service and the date the veteran left service.

- 4. Be a resident of the state of Missouri.
- 5. An unmarried dependent under the age of 21.
- 6. Must be attending an accredited college / university as a full-time student.
- 7. Consideration for scholarship will be determined annually for high school graduates in NEED of financial aid to attend a college / university.
- 8. Scholarship must be used the first fall semester of a college / university following graduation from high school.
- (*) **DEFINITION OF "DESCENDANT":** Any child, grandchild or great grandchild of a veteran who is unmarried and under the age of 21 and is (1) A legitimate child. (2) A child legally adopted. (3) A stepchild of and living in the veterans home. (4) An illegitimate child (when necessary proof of relationship is provided).

THE AMERICAN LEGION DEPARTMENT OF MISSOURI SCHOLARSHIP AWARD APPLICATION

M.D. "Jack" Murphy Memorial Nurses Training Scholarship

Complete Address		
Phone # Home ()	Work ()	
Date and Place of Birth	Graduation Date	SAT/ACT Score
		
Full name of (veteran) and your relationship i.e.;	parent, grandparent or great grandparent	
*Name	*Relationship	
Family combined gross annual income		
Number of children under 18 in the family		
Name and complete address of High School		
Applicant's signature certifies that he / she u	nderstands scholarship eligibility requirem	ents and will adhere to its
••		
onditions		tents and win dance to its
applicant's signature certifies that he / she is no	t related to any member of the reviewing E	
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan.	ducation and Scholarship
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan.	ducation and Scholarship
conditions. Applicant's signature certifies that he / she is no Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Le ikeness to publicize the Scholarship Program.	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan.	ducation and Scholarship
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Le	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan. egion Department of Missouri the right to u	ducation and Scholarship use applicant's name and / or
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Leikeness to publicize the Scholarship Program.	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan.	ducation and Scholarship use applicant's name and / or
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Le	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan. egion Department of Missouri the right to u	ducation and Scholarship use applicant's name and / or
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Leikeness to publicize the Scholarship Program.	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan. egion Department of Missouri the right to u	ducation and Scholarship use applicant's name and / or
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Leikeness to publicize the Scholarship Program.	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan. egion Department of Missouri the right to u	ducation and Scholarship use applicant's name and / or
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Letikeness to publicize the Scholarship Program. Applicant's signature This application for scholarship aid is be	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan. egion Department of Missouri the right to u Date Date	ducation and Scholarship use applicant's name and / or undership
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Letikeness to publicize the Scholarship Program. Applicant's signature This application for scholarship aid is be	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan. egion Department of Missouri the right to u	ducation and Scholarship use applicant's name and / or undership
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Letikeness to publicize the Scholarship Program. Applicant's signature This application for scholarship aid is be	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan. egion Department of Missouri the right to u Date Date	ducation and Scholarship use applicant's name and / or undership
Applicant's signature certifies that he / she is not Committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Letikeness to publicize the Scholarship Program. Applicant's signature This application for scholarship aid is be	t related to any member of the reviewing E Slocum, Robert Maddox, or A.J. Noonan. egion Department of Missouri the right to u Date Date	ducation and Scholarship use applicant's name and / or undership
Applicant's signature certifies that he / she is not committee; John Buckwalter, Mark Reed, Alex Applicant's signature grants The American Leckeness to publicize the Scholarship Program. Applicant's signature This application for scholarship aid is before the scholarship and is before the scholarship aid is before the scholarship and the scholarship are scholarship as a scholar schol	t related to any member of the reviewing E. Slocum, Robert Maddox, or A.J. Noonan. egion Department of Missouri the right to use Date Date Date	ducation and Scholarship use applicant's name and / or undared

Letter will notify recipients after July 1, 2023.

Completed application should be mailed no later than April 20, 2023 to:

The American Legion Department of Missouri, Inc.

Attn: Education and Scholarship Committee

P.O. Box 179

Jefferson City MO 65102-0179

M. D. "Jack" Murphy Memorial Nurses Scholarship - One award of \$1,000.00. The scholarship <u>may</u> be extended for one additional year by reapplying.

The \$1,000.00 scholarship award will be paid at the beginning of the student's first semester at their college of choice. Registrar's certification of enrollment is required before payment will be made. A check will be issued to joint payees, the recipient and the Scholarship and Awards Officer or equivalent official at the school.

Basis for Eligibility:

- 1. One applicant planning a career as a Registered Nurse. The scholarship must be used the first fall semester upon completion of high school.
- 2. Must be the descendent* of a veteran having served 90 days on active duty in the Army, Air Force, Navy, Marine Corps or Coast Guard of the United States, and having an honorable discharge. A copy of the veteran's discharge or separation notice must be submitted with the application. The copy must show the date the veteran entered service and the date the veteran left service.
- 3. Be a resident of the state of Missouri.
- 4. Shall be an unmarried dependent under the age of 21.
- 5. Must be attending an accredited college / university as a full-time student.
- 6. Consideration for scholarship will be determined annually for high school graduates in NEED of financial aid to attend a college / university.
- 7. Applicant must graduate in the top 40% of his / her class.
- 8. **A counselor's statement must be attached.** The statement should be on school letterhead, attest to the student's ability and desire to major in nursing, certify that the student is in the top 40% of their class, and be signed by the school counselor.
- (*) **DEFINITION OF "DESCENDANT":** Any child, grandchild or great grandchild of a veteran who is unmarried and under the age of 21 and is (1) A legitimate child. (2) A child legally adopted. (3) A stepchild of person and living in the veterans home. (4) An illegitimate child (when necessary proof of relationship is provided).

THE AMERICAN LEGION DEPARTMENT OF MISSOURI SCHOLARSHIP AWARD APPLICATION

MO Detachment, Sons of the American Legion Scholarship

(Must be typewritten or printed legibly) Full name of applicant					
Complete Address					
Phone # Home ()		Work	()	
Date of Birth	Graduation Date				SAT/ACT Score
Applicant Membership Number () SAL	Membership ID Num	ber			
or ()Junior Auxiliary					
Family combined gross annual income					
Number of children under 18 in the family					
Name and complete address of High School	ol				
Applicant's signature certifies that he conditions. Applicant's signature certifies that he Committee; John Buckwalter, Mark Reed Applicant's signature grants The Amelikeness to publicize the Scholarship Prog	/ she is not related to a d, Alex Slocum, Rober erican Legion Departm	any membe t Maddox, o	r of the	e re	viewing Education and Scholarship
	Date				
Applicant's signature					
This application for scholarship ai	d is being submitte	d with m	y kno	wle	edge and approval.
	Date				. <u></u>
Signature of Parent / Guardian					
All inquiries should be directed to: Letter will notify recipients after J		lter, Cha	ir (66	(0)	626-3626

tter will notify recipients after July 1, 2023.

Completed application should be mailed no later than April 20, 2023 to:

The American Legion Department of Missouri, Inc.

Attn: Education and Scholarship Committee

P.O. Box 179

Jefferson City MO 65102-0179

MO Detachment, Sons of the American Legion Scholarship – One Award of \$500.00.

The \$500.00 scholarship award will be paid at the beginning of the student's first semester at their college of choice. Registrar's certification of enrollment is required before payment will be made. A check will be issued to joint payees, the recipient and the Scholarship and Awards Officer or equivalent official at the school.

Basis for Eligibility:

- 1. One student who is a member of the Sons of the American Legion or the Junior Auxiliary of the American Legion.
- 2. Must attach a copy of most recent High School transcript
- 3. Must attach an essay on the topic "What being a member of the American Legion Family Means to me.
- 4. Be a resident of the state of Missouri.
- 5. An unmarried dependent under the age of 21.
- 6. Must be attending an accredited college / university as a full-time student.
- 7. Consideration for scholarship will be determined annually for high school graduates in NEED of financial aid to attend a college / university.
- 8. Scholarship must be used the first fall semester of a college / university following graduation from high school.

THE AMERICAN LEGION DEPARTMENT OF MISSOURI SCHOLARSHIP AWARD APPLICATION

Shane Dean Voyles Memorial Scholarship

This application is limited to <u>only one student per high school</u>. The student is to be selected by the faculty of the school based on the criteria listed on the reverse side of this application.

(Must be typewritten or printed legibly. Use plain paper to add supporting information) Name and Address of High School Counselor's Name and Phone Number Full name of applicant Complete Address Phone # Home Date of Birth SAT/ACT Score Overall G.P.A. Family combined gross annual income Number of children under 18 in the family List athletic activities applicant participated in while attending High School College applicant plans to attend Has he/she received an athletic scholarship? If yes, which sport? Extra circular activities applicant participated in? Community Service activities applicant participated in? Applicant's signature certifies that he / she understands scholarship eligibility requirements and will adhere to its conditions. Applicant's signature certifies that he / she is not related to any member of the reviewing Education and Scholarship Committee; John Buckwalter, Mark Reed, Alex Slocum, Robert Maddox, or A.J. Noonan. Applicant's signature grants The American Legion Department of Missouri the right to use applicant's name and / or likeness to publicize the Scholarship Program. Date Applicant's signature This application for scholarship aid is being submitted with my knowledge and approval. Date

Please read carefully and follow all eligibility requirements. They must be strictly adhered to.

Signature of Parent / Guardian

Shane Dean Voyles Memorial Scholarship – One award of \$750.00.

The scholarship award will be paid at the beginning of the student's first semester at their college of choice. Registrar's certification of enrollment is required before payment will be made. A check will be issued to joint payees, the recipient and the Scholarship and Awards Officer or equivalent official at the school. **The faculty of each High School in the state of Missouri may submit only one student for this scholarship.** The Education & Scholarship Committee of The American Legion, Department of Missouri will determine the recipient of the scholarship. The decision of the Committee shall be final.

Supporting Information may be submitted as needed/desired.

Basis for Eligibility:

- 1. Each High School in the state of Missouri may submit only one application for this award. Applicant must be selected by the faculty of the High School he/she is attending based on the individuals financial need, participation in athletics, participation in school activities/clubs, volunteer work, exceptional leadership qualities, high moral standards and extreme patriotism.
- 2. Recipient must be a full-time student in an accredited college or university in the state of Missouri.
- 3. Applicant must be a resident of the state of Missouri.
- 4. Must be attending an accredited college / university as a full-time student.

The \$750.00 will be paid at the beginning of the student's first semester at their college of choice. Registrar's certification of enrollment is required before payment will be made. A check will be issued to joint payees, the recipient and the Scholarship and Awards Officer or equivalent official at the school.

All inquiries should be directed to Mr. John Buckwalter, Chair (660) 626-3626 Letter will notify recipients after July 1, 2023.

Completed application should be mailed no later than April 20, 2023 to:

The American Legion Department of Missouri, Inc.
Attn: Education and Scholarship Committee
P.O. Box 179

Jefferson City MO 65102-0179

Post Excellence Award

To qualify for the American Legion's Post Excellence Award and National Commander Vincent J. "Jim" Troiola's VETS license plate, a post is required to achieve excellence in four areas: membership, submission of the Consolidated Post Report (CPR), attaining a 90% renewal rate, and community activity.

The purpose of this award is membership growth, exposure of American Legion values to the community, and increased visibility of the American Legion Family through service projects. A post achieving this qualification will have had numerous post members involved in planning and achieving these goals. Many posts are already active in these areas and will qualify without extra effort. Others, however, will need to increase their efforts in one or more areas to qualify for the award.

The standard to be achieved in each area is as follows:

Membership: The post must attain at least 103% of their membership goal. At least one post officer attends district meetings.

Consolidated Post Report: CPRs must be submitted by July 1. The American Legion's federal charter requires the submission of an annual report to Congress on activities for the year. MyLegion.org has made it simple for a post to submit its CPR in a timely manner.

90% Renewal Rate: The post must renew at least 90% of their members that were on the 2022 roster.

Community Activity: The post must conduct an event that connects the local community with The American Legion post. The objective is to open your doors, welcome the community in, and educate them on what The American Legion is all about and how the post is an asset to the community. Posts do not need to have a physical building to accomplish this. This activity can be held in a park, a community center, or anywhere the post can welcome and interact with the local community.

Certification for the award: The district commander responsible for the post will certify a post as having achieved the four specified criteria. The district commander will submit a list of posts meeting the criteria to department headquarters. That list should include the post name, phone number, address and commander's name. If possible, accompany the last two criteria with copies of press releases submitted to the local media about the projects to show that the projects were not only accomplished but that an attempt was made to enhance the image of The American Legion through local media. The copy submitted should include a date and time stamp showing receipt by the media outlet.

The department adjutant will transmit information as posts qualify to:

The American Legion National Headquarters

Attn: Membership

P.O. Box 1055

Indianapolis, IN 46206-1055



American Legion Basic Training

The American Legion's official training program for officers, members, Legion College applicants and those who simply want to expand their knowledge of the nation's largest veterans service organization is now available online.

Already taken the old course? The American Legion Extension Institute (ALEI) has been rewritten, updated, streamlined and enhanced with videos, digital photos, clickable links, a historical timeline and additional features. The program should take less than two hours to complete. It is divided into six sections, with a quiz at the end of each one, followed by a final exam.

How Does it Work?

Course Structure

The Course is arranged into 5 major topic areas and 1 concluding section. Each section will present information about the topic via text, images and video.

Evaluation

At the end of each topic area there is a quiz that will help gauge your understanding of the material.

When you've completed each section quiz, you'll be able to take the final exam. The exam will take roughly ~30 minutes to complete.

Course Topics

History & Organization

Learn why and how The American Legion came into existence after World War I.

Veterans Affairs & Rehabilitation

The foremost pillar of American Legion service learn the ways in which the organization is dedicated to compassionate care, timely delivery of benefits, career development and other areas of advocacy for those who have served in uniform.

National Security

Outlined here is The American Legion's position on a strong, well-equipped and effectively deployed U.S. military, including a decent quality of life for those now in uniform and retirees of the Armed Forces

Americanism

This pillar of American Legion service is filled with respect for the nation that those in the military swore with their lives to defend, from proper treatment of the U.S. flag to voter education to youth programs that make life-changing differences.

Children & Youth

The American Legion's long-held position that "every child deserves a square deal" is explained here, to include such programs and efforts as the Child Welfare Foundation, the Family Support Network,

Temporary Financial Assistance and other initiatives that aim to help children and youth follow their dreams, no matter their circumstances.

Course Conclusion

See how all the pieces of American Legion service and advocacy fit together to best serve our nation and learn where other committees and commissions play vital roles.

Final Exam

Take an online test to see how well you understand the nation's largest veterans service organization.

For more information or to take the course go to: www.legion.org/alei



YOUR SUMMARY OF THE AMERICAN LEGION BENEFITS **Reserved for Members**

RETAIL DISCOUNTS

OFFICE DEPOT/OFFICE MAX -

Members receive significant discounts on over 93,000 items online or in-store with a purchasing card printable online. Next day delivery is free on purchases of \$50 or more for American Legion members.

LifeStation <u>LIFESTATION</u> - Members can receive special discounted rates on a medical alert system and a free extra item.

ADDED MEDICAL BENEFITS

amplifon Harring AIDS DISCOUNTS ON HEARING AIDS

Members, family, and extended family are eligible for hearing care discounts from Amplifon Hearing Health Care. Benefits include: hearing aid low-price guarantee; convenient locations nationwide; risk-free 60-day trial period; 1-year free follow-up care; free 2-year supply of batteries (160 cells).

INSURANCE

LIFE INSURANCE THROUGH MUTUAL **OF OMAHA** - Members aged 45-85 are eligible for guaranteed issue whole life policies. (May not be available in all states).



USAA - Provides a full range of financial products including: insurance, banking, investments, and financial advice. As an

American Legion member, you are eligible to join. There are no membership fees to join USAA, and when you sign up, your eligible family members can join USAA as well.

AUTO RENTAL, RELOCATION, AND TRAVEL



AUTO RENTALS - Members can receive special discounts with ALAMO, NATIONAL, and ENTERPRISE.



CONTRACTOR NORTH AMERICAN VAN LINES AND

ALLIED ALLIED VAN LINES - Preferred savings on interstate (state-to-state) moving and in-transit storage.

GOV VACATION GOV VACATION REWARDS -Members can get the best discount available on travel including airfare, hotel, car rental, vacation packages, cruises, and more.

VETERANS <u>VETERANS HOLIDAYS</u> - This holidays* program offers members the opportunity to rent a furnished condominium for 2-8 people, for an entire week, for less than they would pay for a single hotel room.



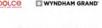
THE AMERICAN LEGION TRAVEL CENTER POWERED BY HOTELPLANNER

American Legion members can save on hotel stays by searching for name brand hotels in their desired area at discounted rates.



MOTEL 6 - Members receive a preferred discount at any of the 1,100 pet-friendly Motel 6 locations in the U.S. and Canada.

WYNDHAM HOTEL GROUP - Special savings off the best available rate at thousands of participating hotels throughout the world!

















NOTE: These discount offers are valid at participating locations and are not valid with any other discounts or special prices. The American Legion does not guarantee any discounts.

ASSISTANCE WITH YOUR VETERAN BENEFITS

BENEFIT ASSISTANCE - The American Legion helps all veterans obtain full medical, career, and education benefits, as well as assistance in preparing VA claims applications.

<u>VETERANS' REPRESENTATION</u> - The American Legion is the nation's largest and most effective advocate in Washington, D.C., for veterans, troops, and their families. The American Legion fights every day on Capitol Hill and across the country for a quality VA health-care system, improved benefits processing, and a decent quality of life for active-duty military personnel.

ACCREDITED SERVICE OFFICERS -

The American Legion has nearly 3,000 trained experts in veteran benefits nationwide. Visitors of www.legion.org can search online for the service officer nearest to them.

CAREER OPPORTUNITIES FOR VETERANS -

The American Legion works closely with numerous employers, lenders, and agencies, including the Department of Labor and the Small Business Administration, to produce hundreds of career events across the country each year. The Legion is also the nation's leading advocate for veteran entrepreneurs and job candidates who have service-connected disabilities.

TOP-RANKED MEMBER MAGAZINE - You'll receive a full year's subscription to *The American Legion Magazine*, the nation's most widely circulated publication for veterans and top-ranked magazine, among all titles, for readership. Each issue is packed with features, commentaries, interviews, military history, photos, and more of interest to America's veterans.

The American Legion ★ P.O. Box 7017 ★ Indianapolis, IN 46207

MAKE SURE YOU ARE RECEIVING ALL THE BENEFITS AS A MEMBER OF THE AMERICAN LEGION!

TRAVEL PROTECTION WHEN YOU NEED IT!

Emergency Assistance Plus is a plan that protects you and your family if you get sick or hurt while traveling in the U.S. or abroad. Available for Legionnaires and their families, EA+ gives you access to 24-hour emergency medical assistance services that your primary insurance typically will NOT cover!



From Your American Legion Department

HERE ARE JUST SOME OF THE EA+ SERVICES AVAILABLE TO YOU*

MEDICAL EVACUATION



Emergency Medical Monitoring by an EA+ medical expert to make sure you get the best care in a medical emergency.

Air Ambulance or Emergency Medical Evacuation if deemed medically necessary to get you to a more appropriate medical facility quickly if your current facility can't properly treat your medical condition.

MEDICAL ASSISTANCE

Prescription Replacement Assistance if your medications are lost or stolen.

24-Hour Doctor/ER/Dentist/Attorney Locator Assistance to help you quickly find a professional no matter where you are in the world.

ASSISTANCE FOR COMPANIONS



One Round-Trip Economy-Class Airline Ticket to bring a loved one to your bedside if you're traveling alone and become hospitalized.

Airfare Home for Dependent Children or Grandchildren who are left unattended if you're unable to care for them due to your hospitalization.

Ticket Home for a Traveling Companion if you are evacuated, transported home or pass away while away from home.

TRANSPORTATION HOME



Transportation Home after hospitalization via a one-way airline ticket, arranged and provided by *EA*+.

Nurse Escort provided if deemed medically necessary to help ensure you get proper medical care during your trip home.

Return of Deceased Remains service to bring your body home if you pass away while traveling.

Vehicle Return if you can't drive your vehicle back home because your medical condition prohibits it AND your companion can't drive it either.

OTHER VITAL TRAVEL ASSISTANCE



Destination Intelligence regarding weather, travel, health, inoculations, travel restrictions, and special

Real-time Security Intelligence in the event you feel threatened by political unrest, social instability, weather conditions, or health hazards.

Lost Luggage Assistance helps you track down any lost luggage, personal items or documents.

Language Interpretation Assistance to connect you with an interpreter over the phone.

AND SO MUCH MORE ...

If you get sick or hurt away from home, Legionnaire Emergency Assistance Plus® (EA+®) gets you the help you need!

*This is only an outline of the plan's features. Hospitalization is a requirement to be eligible for some services. All services must be arranged and provided by EA+. Please read your Member Guide carefully to understand all the services available to you, as well as any rules and regulations. Visit www.theLIT.com/Emergency-Assistance-Plus to view a sample of the EA+ Plan details.